



People's Health Movement

Health for ALL NOW!!

THE STRUGGLE FOR HEALTH



SHORT TRAINING COURSE FOR HEALTH ACTIVISTS

Sunday September 7th –Saturday Sept 20th, 2008

Porto Alegre, Brazil

Objectives

The IPHU short courses are to enable younger health activists to make new connections, share experiences and study together. They aim at strengthening the global network of people's health activists.

Curriculum

The curriculum includes:

- the struggle for health: achievements, strategies and new directions;
- working with communities and with grass roots health organizations;
- comprehensive primary health care: achievements, lessons and new directions;
- the political economy of health: globalization, the WTO, the IMF and the WB; local issues and global pressures;
- the right to health: principles, achievements and new directions;
- people's health and the environmental struggle;
- research: part of the problem and part of the solution;
- social determinants of health (poverty, oppression and hierarchy; alienation and exclusion; racism and sexism; materialism) and the struggle for health.

Approach to learning

- Start with the struggle for health
- Teach and learn in partnership
- Knowledge is for practice and purpose
- New ideas must be used
- Activism is an ethical commitment
- Learn new ways of being (as well as new facts and theories)
- Refresh, enquire, research
- Leadership: judgment which inspires; the courage to take risks

- Learn to listen to learn
- Steer our own learning
- Grow the skills and habits of life long learning
- Learn to teach; teach to learn
- Stay with the struggle for health

The course will involve: pre-reading; lectures, field visits, small group discussions, debates, workshops and follow up study. Resource materials will take the form of hard copy readings, lecture notes and websites.

In addition IPHU participants will be encouraged to stay on for a one day international workshop on Primary Health Care (Saturday 20th September) being organised by the People's Health Movement in association with the International Epidemiology Association Conference (21-24 September) also in Porto Alegre.

Who is the course planned for?

- A total of 60 participants are expected.
- The enrolment policy aims to achieve:
 - geographical mix: for example, 20 participants from Brazil, 10 from Southern Cone countries, 15 from other countries of South America, 10 from Central America and the Caribbean and 5 from other countries;
 - gender balance;
 - diversity of involvements: community based organizations, NGOs, universities, government officials, etc; and
 - diversity of skills, interests and educational backgrounds.
- Applicants should have a university degree.
- Priority, with respect to enrolment, will be given to
 - Younger people;
 - Primary Health Care and public health practitioners;
 - People with a track record as health activists within the People's Health Movement, in particular, people who have

been actively involved in organizations which are part of the People's Health Movement.

Faculty

The faculty will include people's health oriented academics, experienced health activists and alumni of previous IPHU courses.

Language

The course will be taught in Portuguese, Spanish and English; simultaneous translation will be available for selected plenaries.

Fees & Scholarships

	For Brazilians	For Non-Brazilians
Registration fees*	Real 170	US\$ 100
Tuition fees	--	--
Accommodation**	Real 650	US\$400

* Covers all the training materials and coffee breaks during the training days and cultural and social programs.

** Covers accommodation in a double room in addition to breakfast, lunch and dinner.

A limited number of scholarships may be available. They will cover the travel costs and/or accommodation. Applicants should seek such support from sponsors in their own countries in the first instance.

Venue

Casa de Retiro VilaBetania – Rua da Gruta, 230 – Porto Alegre, RS, Brasil.

- Consult the IPHU Porto Alegre webpage (<http://phmovement.org/iphu/en/porto>) where you can find two formats: online application and downloadable application form.
- According to your preferences, you may:
 - Fill in and submit the online application form, or
 - Download the application form, fill it in and e-mail it to porto@phmovement.org or fax it to +20 2 22565612.
- Attaching a personal resumé will be an asset.

Deadlines

- Deadline for receiving Application Forms: July 18th, 2008.
- First round meeting of selection committee: July 25th, 2008.
- Deadline for finalizing the travel arrangements (incase of acceptance): August 22nd, 2008.

Course Coordinators and Contacts

- For more about IPHU Cairo Short Course, go to <http://phmovement.org/iphu/en/porto>
- For further inquiries to: porto@phmovement.org

The International People's Health University (IPHU) is a project of the International People's Health Council (IPHC) as part of the People's Health Movement (PHM). IPHU is a global university providing short courses and other resources for health activists. Courses are of a high academic standard and are documented for academic credit from established universities.

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