



People's Health Movement

Health for ALL NOW!!

STRUGGLE FOR HEALTH



HANDS-ON SHORT TRAINING COURSE FOR HEALTH ACTIVISTS

March 22nd – April 1st, 2008

Cairo, Egypt

Objectives

The IPHU short courses are to enable younger health activists to make new connections, share experiences and study together. They aim at strengthening the global network of people's health activists.

Curriculum

The curriculum includes:

- the struggle for health: achievements, strategies and new directions;
- working with communities and with grass roots health organizations;
- comprehensive primary health care: achievements, lessons and new directions;
- the political economy of health: globalization, the WTO, the IMF and the WB; local issues and global pressures;
- the right to health: principles, achievements and new directions;
- people's health and the environmental struggle;
- research: part of the problem and part of the solution;
- social determinants of health (poverty, oppression and hierarchy; alienation and exclusion; racism and sexism; materialism) and the struggle for health.

Approach to learning

- Start with the struggle for health
- Teach and learn in partnership
- Knowledge is for practice and purpose
- New ideas must be used
- Activism is an ethical commitment
- Learn new ways of being (as well as new facts and theories)
- Refresh, enquire, research
- Leadership: judgment which inspires; the courage to take risks

- Learn to listen to learn
- Steer our own learning
- Grow the skills and habits of life long learning
- Learn to teach; teach to learn
- Stay with the struggle for health

The course will involve: pre-reading; lectures, small group discussions, debates, workshops and follow up study. Resource materials will take the form of hard copy readings, lecture notes and websites. In addition, the course will provide a unique exposure for all participants through engaging the course with a planned Regional Health Forum that will be held on the last 2 days of the course (31 March – 1 April 2008).

Who is the course planned for?

- A total of 60 participants are expected.
- The enrolment policy aims to achieve:
 - geographical mix: 10 participants from Egypt (the host country), 30 from other countries of the region (Middle East and North Africa), 10 from South Europe and 10 from Sub-Saharan Africa;
 - gender balance;
 - diversity of involvements: community based organizations, NGOs, universities, government officials, etc; and
 - diversity of skills, interests and educational backgrounds.
- Applicants should have a university degree.
- Priority, with respect to enrolment, will be given to
 - Younger people;
 - Primary Health Care and public health practitioners;
 - People with a track record as health activists within the People's Health Movement, in particular, people who have been actively involved in organizations which are part of the People's Health Movement.

Faculty

Faculty members will be a mix between high-profile academic personnel and health activists of a sound experience. In addition, a relative large number of the PHM resource persons and members of its Steering Council will be participating.

Language

The course will be taught in English and Arabic (simultaneous translation).

Fees & Scholarships

	For Egyptians	For Non-Egyptians
Registration fees*	EGP 350	US\$ 100
Tuition fees**	--	--
Accommodation***	EGP 1500	US\$ 600

* It covers the all the training materials; the lunch and coffee breaks during the training days and cultural and social programs.

** Supported by the PHM global secretariat for all participants.

*** It covers the accommodation in a double room in addition to breakfast and dinner.

A limited number of scholarships are available. They may cover the travel costs and/or accommodation. Applicants should seek such support from sponsors in their own countries in the first instance.

The current course is partially supported by Oxfam/Novib.

Venue

Cairo International Scout Center – 2 Youssef Abbas St., Nasr City, Cairo, Egypt. www.scout.org/arab

- Consult the IPHU Cairo webpage (<http://phmovement.org/iphu/en/mena>) where you can find two formats: online application and downloadable application form.
- According to your preferences, you may:
 - Fill in and submit the online application form, or
 - Download the application form, fill it in and e-mail it to cairo@phmovement.org or fax it to +20 2 22565612.
- Attaching a personal resumé will be an asset.

Deadlines

- Deadline for receiving Application Forms: February 22nd, 2008.
- Deadline for decision of selection committee: March 1st, 2008.
- Deadline for finalizing the travel arrangements (incase of acceptance): March 10th, 2008.

Course Coordinators and Contacts

- For more about IPHU Cairo Short Course, go to <http://phmovement.org/iphu/en/mena>
- For further inquiries please contact the IPHU Coordinator, Dr David Legge and PHM Global Secretariat Coordinator Dr Hani Serag through the following email address (cairo@phmovement.org)

The International People's Health University (IPHU) is a project of the International People's Health Council (IPHC) as part of the People's Health Movement (PHM). IPHU is a global university providing short courses and other resources for health activists. Courses are of a high academic standard and are documented for academic credit from established universities.

IPHU short courses enable younger health activists to make new connections, share experiences and study together. IPHU short courses strengthen the global network of people's health activists.