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The [Course Manual](#) is provided in pdf form for people who do not have easy access to the web. Please consider the environment before printing it in hard copy. There is nothing in this pdf which is not available on the website, in fact, considerably less.

Library

- [Library](#)
- [Library Handbook \(for printing\)](#)

The library handbook is provided in pdf form for people who do not have easy access to the web. Please consider the environment before printing it out in hard copy. There is nothing in this pdf which is not available on the website, in fact, considerably less.

Attachment	Size
MenaIPHUProgramOverview.pdf	14.72 KB

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IPHU in Cairo, March 22-29, 2008

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IPHU IPHU aims to contribute to achieving Health For All by strengthening the people's health movement by providing learning opportunities which are well targetted and address priority learning needs and which are well designed and presented.

- [More on the IPHU Vision](#)
- [The Background to IPHU](#)

The Struggle for Health - Learning Opportunity - Apply Now!

IPHU and the PHM Regional Coordination Group for the Middle East and North Africa, in collaboration with the Association for Health and Environmental Development (AHED) invite applicants for the next IPHU short course for health activists. Entitled the "Struggle for Health", the course will be held at the International Scout Center, Cairo - Egypt from the 22nd of March to the 1st of April 2008.

Download [the announcement of IPHU Cairo Short Course: 'The struggle for health'](#). Please distribute this announcement to others in your networks who might be keen to attend.

Application to participate in the Cairo (March 2008) IPHU Course

Applications are now open for the Cairo short course, The Struggle for Health. There are two ways to apply. Either:

- go to [the online application form](#), and fill it in and submit it on line, or
- download the [application form here](#), fill it in on screen and send to cairo@phmovement.org

Goals and objectives for this course

The Cairo IPHU will address all of the 'standard' objectives of other IPHU courses, [see](#).

In addition the Cairo IPHU will also have a focus on intellectual property rights (IPRs), health systems, health care financing and access.

The IPHU approach to learning [See Preparation](#)

Participants should come prepared:

- to describe in some detail an activist project or campaign or movement that they have been directly

involved in; to describe in sufficient detail for the strategies, theories and skills of practice to be evident;

- to provide an overall assessment of the health challenges in their country and the status and prospects for PHM;
- to present an account of an episode of teaching and or learning that they have been involved in.

Students should provide an abstract of their activism case study and of their volunteered topic.

Students should visit the IPHU website and review all of the pages linked from the [Library Page](#) (which form the core of the material for formal presentation and discussion). Students should come prepared to comment on the implications for their own countries of the material covered in the different topics.

For example:

- what is the extent of brain drain and what is being done about it?
- what is the role of the WB and IMF in health sector reform?
- what are the implications of the WTO (eg GATS)
- what is the role of the GFATM in own country; access to medicines.

The program for all of the IPHU Short Courses is based on the [People’s Charter for Health \(PCH\)](#). We will explore the meaning of the PCH; analyse the challenges it presents and develop resources and strategies for the struggle for Health For All. Participants should ensure that they are very familiar with the Charter. Try the [PCH Quiz](#) as a way of working systematically through the PCH and reflecting upon what we need to know in order to realise the vision.

Activities

The courses involve: lectures, small group discussions, debates, workshops and field trips and follow up study. Resource materials will take the form of hard copy readings, lecture notes and websites.

[More detail regarding the activities which comprise the IPHU course](#)

Academic accreditation

IPHU short course participants who are enrolled in an MPH and request accreditation of their training as part of their MPH will be required to submit assignments for assessment and will be provided with formal certification regarding the standard of the program and of their achievement. [More details](#) .

Attachment	Size
Announce_IPHU@Cairo_080322-0401.pdf	108.07 KB
Apply_IPHU@Cairo(080322-0401).doc	414 KB

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IPHU in Cairo, March 22-29, 2008

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IPHU Short Courses: General Information

[printable page](#)

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Goals and Objectives for IPHU Short Courses (General Framework)

- learn practical skills and concepts which will enable me to be more effective as an activist in the people's health movement;
- deepen my understanding of globalisation and the political economy of health;
- learn more about health services policy; about comprehensive primary health care and about health systems;
- explore the application of a rights-based approach to health issues;
- learn about 'development assistance' in health and about the politics of 'health sector reform';
- broaden my understanding of the links between the environment and health
- work through the implications of gender relations in relation to health (and other axes of difference) and acquire new insights, skills and strategies addressing these issues;
- learn more about the social determinants of health and the role of the health sector in addressing these; and
- explore the role of meaning and spirituality in activism and social change.

The IPHU approach to learning

- Start with the struggle for health
- Teach and learn in partnership
- Knowledge is for practice and purpose
- New ideas must be used
- Activism is an ethical commitment
- Learn new ways of being (as well as new facts and theories)
- Reflect, enquire, research
- Leadership: judgement which inspires; the courage to take risks

- Learn to listen to learn
- Steer our own learning
- Grow the skills and habits of life long learning
- Learn to teach; teach to learn
- Stay with the struggle for health

Preparation

Participants should come prepared:

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Activities

IPHU courses involve: lectures, small group discussions, debates, workshops and field trips and follow up study. Resource materials will take the form of hard copy readings, lecture notes and websites.

Project Groups

The project groups have several purposes. One is simply getting to know each other. But they also provide a space in which to plan for projects which PHM might take up (or on-going PHM projects) which build solidarity and collaboration across national boundaries.

Country Groups

The country groups provide a place for discussing PHM-building in our own countries.

Panel Discussion

This is a place in which we can debate questions to which there are no easy answers. We collect questions in advance for the panel's consideration.

Reports from Practice

Focused attention on detailed stories of activist practice. What can we learn from each other?

Academic accreditation

IPHU short course participants who are enrolled in an MPH and request accreditation of their training as part of their MPH will be required to submit assignments for assessment and will be provided with formal certification regarding the standard of the program and of their achievement.

The IPHU short course study program is presented at masters level. The IPHU short course (with assessment) corresponds to one eighth of one full time full year study load. IPHU does not, at this stage, provide full degree programs.

It remains the prerogative of the enrolling university to decide whether or not to grant credit for the short course as part of the MPH they offer. Applicants who are contemplating seeking accreditation of IPHU training towards their MPH are advised to consult with the academic authorities of their enrolling university. The IPHU Coordinator would be pleased to provide additional information as required.

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MENA IPHU March 2008 Program Overview

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	Friday 21/03/2007	Saturday 22/03/2007	Sunday 23/03/2007	Monday 24/03/2007	Tuesday 25/03/2007	Wednesday 26/03/2007	Thursday 27/03/2007	Friday 28/03/2007	Saturday 29/03/2007	Sunday 30/03/2007	Monday 31/03/2007	Tuesday 1/04/2007			
	IPHU SHORT COURSE									REGIONAL HEALTH FORUM					
08:30 - 09:00	Arrivals, Registration, Check-in, Explore, Meet.	Introduction s and Agreements	Lecture, Discussion	Lecture, Discussion	Lecture, Discussion	Draft Group reports	Lecture, Discussion	Lecture, Discussion	Final Group Reports and Wrap-up	Excursion	Registration				
09:00 - 09:30			Break	Break	Break	Break	Break	Break			Break	Break	* Key-note Presentations	Third Plenary Session * Key-note Presentations	
09:30 - 10:00		Lecture, Discussion												Country Groups	Project Groups
10:00 - 10:30			Break												
10:30 - 11:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch			Lunch	Lunch	Concurrent sessions / workshops		
11:00 - 11:30													1 2 3		
11:30 - 12:00	Arrivals, Registration, Check-in, Explore, Meet.	The PHM as a global actor for change	Project Groups	Lecture, Discussion	Reports from Practices	Excursion	Reports from Practices	Reports from Practices	What Next? Strategizing Session		Registration	Lunch Break			
12:00 - 12:30												Panel Discussion	Panel Discussion	Country Groups	Project Groups
12:30 - 01:00		Break													
01:00 - 01:30		Panel Discussion	Panel Discussion	Country Groups	Project Groups		Organizational Meeting for the Regional Health	Panel Discussion				* Discussions	* Discussions		
01:30 - 02:00													Break		
02:00 - 02:30		Dinner	Dinner	Dinner	Dinner		Dinner	Dinner				Dinner	Dinner	Concurrent sessions / workshops	
02:30 - 03:00	4 5 6 4 5 6														
03:00 - 03:30	Arrivals, Registration, Check-in, Explore, Meet.	Free	Culture Exchange	Free	Free	Excursion	Free	Culture Exchange	Free	Opening Ceremony		Cultural Program			
03:30 - 04:00												Break			
04:00 - 04:30		Panel Discussion	Panel Discussion	Country Groups	Project Groups		Organizational Meeting for the Regional Health	Panel Discussion				* Discussions	* Discussions		
04:30 - 05:00													Break		
05:00 - 05:30		Dinner	Dinner	Dinner	Dinner		Dinner	Dinner				Dinner	Concurrent sessions / workshops		
05:30 - 06:00											4 5 6 4 5 6				
06:00 - 06:30	Arrivals, Registration, Check-in, Explore, Meet.	Free	Culture Exchange	Free	Free	Excursion	Free	Culture Exchange	Free	Opening Ceremony	Cultural Program				
06:30 - 07:00											Break				
07:00 - 07:30											Concurrent sessions / workshops				
07:30 - 08:00											4 5 6 4 5 6				
08:00 - 08:30	Arrivals, Registration, Check-in, Explore, Meet.	Free	Culture Exchange	Free	Free	Excursion	Free	Culture Exchange	Free	Opening Ceremony	Cultural Program				
08:30 - 09:00											Break				

MENA IPHU March 2008 Program Overview

	0	1	2	3	4	5	6	7	8	9	10	11				
	Friday 21/03/2007	Saturday 22/03/2007	Sunday 23/03/2007	Monday 24/03/2007	Tuesday 25/03/2007	Wednesday 26/03/2007	Thursday 27/03/2007	Friday 28/03/2007	Saturday 29/03/2007	Sunday 30/03/2007	Monday 31/03/2007	Tuesday 1/04/2007				
	IPHU SHORT COURSE									REGIONAL HEALTH FORUM						
08:30 - 09:00	Arrivals, Registration, Check-in, Explore, Meet.	Introduction s and Agreements	Lecture, Discussion	Lecture, Discussion	Lecture, Discussion	Draft Group reports	Lecture, Discussion	Lecture, Discussion	Final Group Reports and Wrap-up	Excursion	Registration					
09:00 - 09:30			Break	Break	Break	Break	Break	Break			Break	Break	* Key-note Presentations	Third Plenary Session * Key-note Presentations		
09:30 - 10:00		Lecture, Discussion												Country Groups	Project Groups	Country Groups
10:00 - 10:30			Break													
10:30 - 11:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch			Lunch	Lunch	Concurrent sessions / workshops			
11:00 - 11:30													1 2 3			
11:30 - 12:00	Arrivals, Registration, Check-in, Explore, Meet.	The PHM as a global actor for change	Project Groups	Lecture, Discussion	Reports from Practices	Excursion	Reports from Practices	Reports from Practices	What Next? Strategizing Session		Registration	Lunch Break				
12:00 - 12:30												Panel Discussion	Panel Discussion	Country Groups	Project Groups	Break
12:30 - 01:00		Panel Discussion	Panel Discussion	Country Groups	Project Groups		Break	Break								
01:00 - 01:30												Break				
01:30 - 02:00		Dinner	Dinner	Dinner	Dinner		Dinner	Dinner				Dinner	Dinner	Dinner	Concurrent sessions / workshops	
02:00 - 02:30															4 5 6 4 5 6	
02:30 - 03:00	Arrivals, Registration, Check-in, Explore, Meet.	Free	Culture Exchange	Free	Free	Excursion	Free	Culture Exchange	Free	Opening Ceremony		Cultural Program				
03:00 - 03:30												Free				
03:30 - 04:00		Panel Discussion	Panel Discussion	Country Groups	Project Groups		Break	Break				Break	* Key-note Presentations	* Key-note Presentations		
04:00 - 04:30														Panel Discussion	Panel Discussion	Country Groups
04:30 - 05:00		Break														
05:00 - 05:30		Dinner	Dinner	Dinner	Dinner		Dinner	Dinner				Dinner	Dinner	Dinner	Concurrent sessions / workshops	
05:30 - 06:00	4 5 6 4 5 6															
06:00 - 06:30	Arrivals, Registration, Check-in, Explore, Meet.	Free	Culture Exchange	Free	Free	Excursion	Free	Culture Exchange	Free	Opening Ceremony	Cultural Program					
06:30 - 07:00											Free					
07:00 - 07:30		Panel Discussion	Panel Discussion	Country Groups	Project Groups		Break	Break			Break	* Key-note Presentations	* Key-note Presentations			
07:30 - 08:00													Panel Discussion	Panel Discussion	Country Groups	Project Groups
08:00 - 08:30		Break														
08:30 - 09:00		Dinner	Dinner	Dinner	Dinner		Dinner	Dinner			Dinner	Dinner	Dinner	Concurrent sessions / workshops		
	4 5 6 4 5 6															



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Friday 21 March (Day Zero)

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1.30 - 6.00 Arrival, registration, check-in, explore and meet

6.00 - 7.00 Dinner

8.00 - 10.00 Free

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Saturday 22 March (Day One)

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8.30 - 10.30 *Introductions and arrangements*. Who are we? Why are we here? What are our expectations? Review of [Program Framework](#) Housekeeping

10.30 - 11.00 *Break*

11.00 - 12.30 *Lecture Discussion*

12.30-1.30 *Lunch*

1.30 - 3.30 *PHM as a Global Actor for Change*

3.30 - 4.00 *Break*

4.00 - 6.00 *Panel Discussion* (see [for more detail on the panel discussion](#))

6.00 - 7.00 *Dinner*

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Sunday 23 March (Day Two)

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8.30 - 10.00 *Lecture Discussion*

10.30 - 11.00 *Break*

11.00 - 12.30 *Country Groups* (see for more detail on group work and about country groups)

12.30-1.30 *Lunch*

1.30 - 3.30 *Project Groups* (see for more detail on group work and about project groups)

3.30 - 4.00 *Break*

4.00 - 6.00 *Panel Discussion* (see for more detail on panel discussions)

6.00 - 7.00 *Dinner*

7.00 - 9.00 *Cultural Exchange*

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Monday 24 March (Day Three)

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8.30 - 10.30 *Lecture Discussion*

10.30 - 11.00 *Break*

11.00 - 12.30 *Project Groups* (see [for more detail on project groups](#))

12.30-1.30 *Lunch*

1.30 - 3.30 *Lecture Discussion*

3.30 - 4.00 *Break*

4.00 - 6.00 *Country Groups* (see [for more detail on country group work](#))

6.00 - 7.00 *Dinner*

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Tuesday 25 March (Day Four)

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8.30 - 10.30 *Lecture Discussion*

10.30 - 11.00 *Break*

11.00 - 1.00 *Country Groups* (see [for more detail](#))

12.30-1.30 *Lunch*

2.00 - 3.30 *Reports from Practice.* ([more detail](#))

3.30 - 4.00 *Break*

4.00 - 6.00 *Project Groups* ([more detail](#))

6.00 - 7.00 *Dinner*

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Wednesday 26 March (Day Five)

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8.30 - 10.30 *Draft Group Reports*

10.30 - 11.00 *Break*

11.00 - 12.30 *Draft Group Reports*

12.30-1.30 *Lunch*

1.30 - 9.00 *Excursion*

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Thursday 27 March (Day Six)

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8.30 - 10.30 *Lecture Discussion*

10.30 - 11.00 *Break*

11.00 - 12.30 *Project Groups* ([more detail](#))

12.30-1.30 *Lunch*

1.30 - 3.30 *Reports from Practice* ([more detail](#))

3.30 - 4.00 *Break*

4.00 - 6.00 *Organisational Meeting for Regional Health Forum*

6.00 - 7.00 *Dinner*

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Friday 28 March (Day Seven)

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8.30 - 10.30 *Lecture Discussion*

10.30 - 11.00 *Break*

11.00 - 12.30 *Country Groups* ([more detail](#))

12.30-1.30 *Lunch*

2.00 - 3.30 *Reports from Practice.* ([more detail](#))

3.30 - 4.00 *Break*

4.00 - 6.00 *Panel Discussion* ([more detail](#))

6.00 - 7.00 *Dinner*

7.00 - 9.00 *Cultural Exchange*

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Saturday 29 March (Day Eight)

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8.30 - 12.30 *Final Group Reports and Wrap Up*

12.30-1.30 Lunch

1.3 - 6.00 *What next? Strategising Session*

6.00 - 7.00 Dinner

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Sunday 30 March (Day Nine)

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8.30 - 4.30 *Excursion*

Watch this space

4.30-7.00 *Registration*

7.00 - 8.00 Opening Ceremony

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Monday 31 March (Regional Health Forum: Day One)

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8.30 - 9.00 *Registration*

9.00 - 11.30 *First Plenary: Keynote presentations and plenary discussion*

11.30 - 12.00 *Break*

12.00 - 2.00 *Concurrent Sessions*

2.00-3.00 *Lunch*

3.00 - 5.00 *Second Plenary: Keynote presentations and plenary discussion*

5.00 - 5.30 *Break*

5.30 - 7.00 *Concurrent Sessions*

7.00 - 9.00 *Cultural Program*

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Tuesday 1 April (RHF: Day Two)

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8.30 - 9.00 *Registration*

9.00 - 11.30 *Third Plenary: Keynote presentations and plenary discussion*

11.30 - 12.00 *Break*

12.00 - 2.00 *Concurrent Sessions*

2.00-3.00 *Lunch*

3.00 - 5.00 *Fourth Plenary: Keynote presentations and plenary discussion*

5.00 - 5.30 *Break*

5.30 - 7.00 *Concurrent Sessions*

7.00 - 9.00 *Cultural Program*

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