

COMPREHENSIVE SEXUALITY EDUCATION (CSE) FOR ALL

LETS TALK
ABOUT
SEXUALITY



Group Members

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OUTLINE OF THE PRESENTATION

- **Introduction of CSE**
- **Components**
- **Major issues**
- **Rationale**
- **Campaign at a glance**
- **Planned activities**

INTRODUCTION OF CSE

- **Rights-based** and **gender-focused** approach to sexuality education, whether in school or out of school.
- Providing **age-appropriate** information consistent with the evolving capacities of young people.
- Includes **scientifically accurate information** about human development, anatomy and reproductive health, as well as information about contraception, childbirth and sexually transmitted infections (STIs), including HIV.

INTRODUCTION OF CSE CONT...

- Not only provides information but also helps young people to explore and nurture **positive values** regarding their sexual and reproductive health.
- Includes discussions about family life, relationships, culture and gender roles.
- Also addresses **human rights**, **gender equality**, and threats such as discrimination and sexual abuse.

COMPONENTS OF CSE

- Gender
- Sexual and reproductive health including STIs and HIV/AIDS
- Sexual and reproductive health and rights
- Pleasure
- Violence
- Diversity
- Relationship

MAJOR ISSUES IN CSE

- Early marriage
- Early pregnancies and poor maternal health
- Barriers to Accessing Sexual and Reproductive Health Services
- HIV and STI vulnerability
- Violence

RATIONALE

- Age appropriate CSE is to be included in school curriculum and is to be tailored to the specific context and needs of young people
- Engaging parents and communities as part of this education is critical
- Sensitization among community health workers plays a key role in case of addressing the issues

RATIONALE CONTD...

- Addressing gender and power issues also leads to better health outcomes.
- Stigma- free environment helps in open talk of the issues around the topic.
- Due to the shyness, some teachers are not providing appropriate informations at schools.
- One of the major learning among young population is through peer groups.

CAMPAIGN AT A GLANCE

Peer Groups

Media

Networking



Health
Institutions

Educational
Institutions

Community
Health workers

PLANNED ACTIVITIES

School Based

- School health programs regarding CSE
- Mobilization of peer educators
- Establishment of CSE corners and secret box at school library
- Role plays at schools

PLANNED ACTIVITIES CONTD...

Community based

- IEC materials such as posters, flip charts in local language
- Radio programs
- Short movie demonstration and communities
- Use of social media for awareness
- Trainings of community health workers
- Establish CSE corner at child and youth clubs.

PLANNED ACTIVITIES CONTD...

Policy level

- Prepare and publish position paper
- Meetings with authorities of education, health and related ministries
- Advocacy for inclusion of CSE components in school curriculum
- Advocacy through social media, mass media

