

The Struggle for Health

**International People's Health University (IPHU) of the
People's Health Movement (PHM)**

Jointly with

Sarvodaya (on behalf of PHM Sri Lanka)

And

Health Action International – Asia Pacific (HAIAP)

Announce

THE STRUGGLE FOR HEALTH

**a short training course from 8 – 16 August 2010
in Moratuwa, Sri Lanka**

Objectives

The IPHU short courses are to enable younger health activists to make new connections, share experiences and study together. They aim at strengthening the global network of people's health activists.

Who is the course planned for?

- Younger health activists and practitioners working on the issues of health, gender and human rights and particularly including those involved in the People's Health Movement (PHM).
- Applicants should have a university degree or equivalent.
- Priority, with respect to enrolment, will be given to
 - Younger people motivated to get involved in PHM;
 - Primary health care and public health practitioners;
 - People with a track record as health activists within the PHM, in particular, people who have been actively involved in organizations which are part of the PHM
- A total of 50 participants is expected.
- The enrolment policy aims to achieve:
 - geographical mix including activists
 - gender balance
 - diversity of involvements: community based organizations, health care agencies, NGOs, universities, government officials, etc; and
 - diversity of skills, interests, experience and educational backgrounds.

Curriculum

The curriculum includes:

- the struggle for health: challenges, strategy and practice, achievements and new directions;
- working with communities and with grass roots people's organizations;
- social determinants of health: poverty, oppression and hierarchy; alienation and exclusion; racism, sexism and materialism);
- comprehensive primary health care: achievements, challenges, lessons and new directions;
- the political economy of health: imperialism and globalisation, the international financial institutions and the UN system; local issues and global pressures;
- health system strengthening; the politics of health policy;
- the right to health: principles, achievements and new directions;
- people's health and the environmental struggle;
- research: part of the problem and part of the solution.

Approach to learning

- Start with the struggle for health
- Teach and learn in partnership
- Knowledge is imbued with purpose
- New ideas must be used
- Activism is an ethical commitment
- Learn new ways of being (as well as new facts and theories)
- Refresh, enquire, research
- Nurture leadership: judgment which inspires confidence; integrity which creates trust and the courage to take risks
- Learn to listen to learn; learn to teach; teach to learn
- Steer our own learning; grow the skills and habits of life long learning
- Build our community of activists
- Stay with the struggle for health

The course will involve: pre-reading & exercises; lectures, small group discussions, debates, workshops and follow up study. Resource materials will take the form of hard copy readings, lecture notes and websites.

Faculty

Faculty members will be a mix between high-profile academic personnel and health activists of a sound experience, in addition to a number of PHM resource persons, from the region as well as PHM-Global.

Language

The course will be taught in Sinhala, Tamil and English. Simultaneous translation among the 3 languages will be provided.

Fees & Scholarships

Registration fees*	USD 20
Tuition fees**	Free
Accommodation fees***	USD 300

* Mandatory - Cover all training materials; lunch and coffee breaks during the training days (LKR 2,000).

** Supported by the PHM-IPHU for all participants.

*** Fixed rate for subsidized accommodation in shared facilities (bed, breakfast and dinner).

- A limited number of scholarships for travel and/or accommodation will be available for qualified applicants. Priority will be given to qualified applicants from Sri Lanka (outside Moratuwa) and neighboring countries.
- PHM-IPHU scholarships do not cover visa fees, airport tax & travel insurance (if applicable), personal living expenses, per Diems, or local transportation in the home country.
- Applicants should seek financial support from sponsors in their own countries in the first instance.

Venue & Accommodation

Venue of the course: Sarvodaya. Address: "Damsak Mandira" 98, Rawatawatta Road, Moratuwa (18 KM from Colombo), Sri Lanka.

Accommodation: from 7 till the night of 16 August will be at Sarvodaya.

How to Apply?

- Apply online by filling in the Online Application Form in English at: <http://www.iphu.org/en/moratuwa/application>
- If you are unable to apply online please download the application forms in Sinhala, Tamil and English at <http://www.iphu.org/en/moratuwa/announce> or contact iphu-organizers@phmovement.org for an application form by email.

Deadlines

- Deadline for receiving applications: **5 July 2010**
- All applicants will be advised of the outcome of their application.

Contacts

- For inquiries please contact the IPHU-Moratuwa Organizing Team at: iphu-organizers@phmovement.org
- For more about the IPHU- Moratuwa Short Course, go to: <http://www.iphu.org/en/moratuwa/announce>

About

The People's Health Movement (PHM) is global movement, which has its roots deep in the grassroots people's movements and owes its genesis to many health networks and activists who have been concerned by the growing inequities in health over the last 25 years. The PHM calls for a revitalisation of the principles of the Alma-Ata Declaration, which promised Health for All by the year 2000 and complete revision of international and domestic policy that has shown to impact negatively on health status and systems. The People's Health Movement is coordinated by a global secretariat and is supported by a steering council.

Contact: globalsecretariat@phmovement.org Web: <http://www.phmovement.org>

The International People's Health University (IPHU) is one of the major programs of the People's Health Movement (PHM). IPHU is a global university providing short courses and other resources for health activists. Courses are of a high academic standard and are documented for academic credit from established universities. IPHU short courses enable younger health activists to make new connections, share experiences and study together. IPHU short courses strengthen the global network of people's health activists.

IPHU Director: David Legge (dlegge@phmovement.org) Web: <http://www.iphu.org>

The Sarvodaya Shramadana Movement is the largest people's organization in Sri Lanka. Sarvodaya is Sanskrit for 'Awakening of All' and Shramadana means to donate effort. It began in one village and has grown to more than 15,000. Today Sarvodaya is engaged in relief efforts in the war-torn north as well as ongoing development projects. Sarvodaya's organization includes 345 divisional units, 34 district offices; 10 specialist Development Education Institutes; over 100,000 youth mobilised for peace building under Shantisena; a major welfare service organisation serving over 1,000 orphaned and destitute children, underage mothers and elders (Sarvodaya Suwa Setha); and 4,335 pre-schools serving over 98,000 children.

Contact: edo@sarvodaya.lk Web: www.sarvodaya.org

Health Action International – Asia Pacific (HAIAP) was born out of the sheer determination and the indefatigable courage of a group of healthcare activists who wanted to resist the ill-treatment of consumers by multi-national drug companies. HAIAP upholds health as a fundamental human right, and aspires to build a just and equitable society in which there will be, amongst others, regular access to essential medicines to all who need them, irrespective of their ability to pay for medicines and facilities. HAIAP actively promotes the concept of essential drugs and their rational and economic use through advocacy, evidence-based research, education and action campaigns.

Contact: info@haiap.org Web: www.haiap.org