The International People's Health University (IPHU) and The People's Health Movement (PHM)

in association with

Prayas, Chittorgarh, India

present

"EQUITY AND HEALTH RIGHTS"

A TRAINING PROGRAM FOR HEALTH ACTIVISTS

Jaipur, Rajasthan, India March 15-21, 2008

Applications are invited from health activists working in South Asian countries (India, Pakistan, Bangladesh, Sri Lanka) wishing to participate in the **"Equity and Health Rights"- A training program for health activists** at Jaipur from 15 to 21 March 2008.

Course Directors: Prof David Legge & Dr. Narendra Gupta

Course Coordinator: Mr. Tej Ram Jat

The training program is planned for young activists and professional working on the issues of health, gender, human rights and particularly involved in the activities of People's Health Movement. This training program is aimed at enabling participants to be more effective as a health activists. Participants will critically analyse concerned concepts, policies, research agendas and various program interventions using a rights based approach.

Course content

The course content will cover:

- concepts of equity and health rights
- the struggle for health: achievements, strategies and new directions;
- working with communities and with grass roots health organisations;
- comprehensive primary health care: achievements, lessons and new directions;
- the political economy of health: globalisation, the WTO, the IMF and the WB; local issues and global pressures;

- the right to health: principles, achievements and new directions;
- people's health and the environmental struggle;
- research: part of the problem and part of the solution;
- social determinants of health (poverty, oppression and hierarchy; alienation and exclusion; racism and sexism; materialism) and the struggle for health.

The program is based on the People's Charter for Health (PCH). We will explore the meaning of the PCH, equity and health rights and analyse the challenges associated with them and develop resources and strategies for addressing these challenges.

Access further details (frequently updated) about the teaching program at <u>http://phmovement.org/iphu/jaipur</u>

Who can participate?

Young activists and professionals working on the issues of health, gender and inter related issues with rights based approach in community and/or at policy. Priority shall be accorded to practitioners of public health and primary health care and people with a track record as health activism within the people's health movement in particular or from organisations which are part of the people's health movement.

Enrolment policy would aim to achieve gender balance and a reasonable geographical mix from India, Pakistan, Nepal, Sri Lanka and Bangladesh. Selection of participants will be based on diversity of skills, interests and educational backgrounds and diversity of involvements such as community based organisations, NGOs, universities and government officials.

Applicants should preferably have a university degree and reasonable skills in oral and written English. Applicants must endorse the People's Charter for Health (at http://www.phmovement.org/node/10).

The methodology

The methodology of the training program will be participatory, which will include formal lectures, presentations, panel discussions, individual exercises and sharing, group work, group discussions, case studies, debates, film screening, role plays, practice sessions and follow up study. Pre-reading and small exercises will be provided in advance of the course so that participants can familiarise themselves with the material to be covered. Resource materials will take the form of hard copy readings, lecture notes and websites.

IPHU approach to learning

- Start with the struggle for health
- Teach and learn in partnership
- Knowledge is for practice and purpose
- New ideas must be used
- Activism is an ethical commitment
- Learn new ways of being (as well as new facts and theories)
- Refresh, enquire, research

- Leadership: judgment which inspires; the courage to take risks
- Learn to listen to learn
- Steer our own learning
- Grow the skills and habits of life long learning
- Learn to teach; teach to learn
- Stay with the struggle for health

Course costs and scholarships

- Enrolment and tuition fee: \$US 150 (Indian Rupees 6000).
- Accommodation and meals: \$US 150 (Indian Rupees 6000).

Traveling expenses have to be borne by participants or their organisations. Some full and partial scholarships covering travel and/or accommodation, meals and tuition may be available. (Applicants should seek such support from sponsors in their own countries in the first instance.) Applicants for scholarships should secure the endorsement of:

- at least one person engaged in the PHM organisation at regional or global levels;
- an organisation with which they have been working.

Faculty

Prof. David Legge, La Trobe University, Australia

Dr. Hani Serag, Peoples Health Movement & AHEAD, Cairo, Egypt

Dr Ravi Narayan, Community Health Cell, Bangalore, India

Dr. Amit Sen Gupta, Delhi Science Forum, New Delhi Dr. Narendra Gupta, Prayas, Chittorgarh, India

Dr. Thelma Narayan, Community Health Cell, Banglore, India

Dr. Prem John, People's Health Movement & ACHAN, Chennai, India

Dr. Mira Shiva, Initiative for Health, Equity & Society, All India Drug Action Network, IPHC (South Asian Focal Point), Chair Health Action International (Asia Pacific), Founder Member PHA /PHM

The Organisers

The International People's Health University (IPHU)

The International People's Health University (IPHU) is a project of the International People's Health Council (IPHC) as part of the People's Health Movement (PHM).

IPHU is a global university providing short courses and other resources for health activists. Courses are of a high academic standard and are documented for academic credit from established universities. IPHU short courses enable younger health activists to make new connections, share experiences and study together. IPHU short courses strengthen the global network of people's health activists.

The People's Health Movement

The People's Health Movement (PHM) is global movement, which has its roots deep in the grassroots people's movements and owes its genesis to many health networks and activists who have been concerned by the growing inequities in health over the last 25 years. The PHM calls for a revitalisation of the principles of the Alma-Ata Declaration, which promised Health for All by the year 2000 and complete revision of international and domestic policy that has shown to impact negatively on health status and systems.

The People's Health Movement is coordinated by a global secretariat and is governed (between global people's health assemblies) by a steering council. The movement is organised through geographical circles at country and regional level and issue-based dialogue circles that are linked though local, national and international level campaigns.

Prayas, Chittorgarh, India

Prayas is a voluntary organisation based in Rajasthan state of India. Since its inception in 1979 it has been working for social, political and economic development of communities. It has taken up many kinds of issues and undertaken a variety of projects with divergent approaches. It has led or been involved in many campaigns demanding basic rights of individuals and communities. Its work includes evolving convergent model for primary health care, addressing the issues of right to health and health care, rights of women, children and marginalised groups, declining sex ratio, violence against women and organising communities to demand better livelihoods opportunities.

Prayas works with a pro-people and pro- empowerment orientation, continuous effort to respond to people's voices and changing circumstances and it gives priority to concrete experience over preconceived theory or received dogma. Over its more than two decades, Prayas has been characterized by creative efforts and experimental open-ended attitudes.

Application deadline

Enrol on line at, or download application forms from,

http://phmovement.org/iphu/jaipur or www.prayaschittor.org

The completed forms properly endorsed by the applicants and their institutions should reach the course coordinator at <u>jaipur@phmovement.org</u> by 31st January 2008. Hard copies completed of the form can be sent at:

Prayas and Centre for Health Equity

22, Suraj Nagar (East), Civil Lines,

Jaipur, Rajasthan, India 302006

Further information

Further information is available at the IPHU website (<u>www.phmovement.org/iphu</u>) and Prayas website: <u>www.prayaschittor.org</u>

Please contact the Course Coordinators for further inquiries- Prof. David Legge (<u>d.legge@latrobe.edu.au</u>) and Mr. Tej Ram Jat (<u>prayas22@dataone.in</u>)