

# Health for ALL NOW!!



#### STRUGGLE FOR HEALTH

# International People's Health University and People's Health Movement

#### in association with

# the Medical University of Cuba, the Faculty of Health Sciences of the University of Cuenca and the Global Forum on Health Research

#### **Announce**

## THE STRUGGLE FOR HEALTH

A short training course from 4-13 November 2009
In Havana, Cuba

#### Objectives

The IPHU short courses are to enable younger health activists to make new connections, share experiences and study together. They aim at strengthening the global network of people's health activists.

This course will provide a unique opportunity to learn from the experience of the Cuban revolution in creating the conditions for Health For All.

#### Who is the course planned for?

- Younger health activists and practitioners working on the issues of health, gender and human rights and particularly including those involved in the People's Health Movement
- Applicants should have a university degree or equivalent and be fluent in Spanish
- Priority, with respect to enrolment, will be given to
  - Primary health care and public health practitioners;
  - Younger people motivated to get involved in People's Health Movement (PHM);
  - People with a track record as health activists within the PHM, in particular, people who have been actively involved in organizations which are part of the PHM
- A total of 50 participants are expected
- The enrolment policy aims to achieve:
  - geographical mix including Cubans, activists from the region and from Latin America generally
  - gender balance
  - diversity of involvements: community based organizations, health care agencies, NGOs, universities, government officials, etc; and
  - diversity of skills, interests, experience and educational backgrounds.

# Curriculum

The curriculum includes:

- the struggle for health in Cuba and Latin America: challenges, strategy and practice, achievements and new directions;
- working with communities and with grass roots people's organizations;
- social determinants of health: poverty, oppression and hierarchy; alienation and exclusion; racism, sexism and materialism);
- comprehensive primary health care: achievements, challenges, lessons and new directions;
- the political economy of health: imperialism and globalisation, the international financial institutions and the UN system; local issues and global pressures;
- health system strengthening; the politics of health policy;
- the right to health: principles, achievements and new directions;
- people's health and the environmental struggle;
- research: part of the problem and part of the solution.

#### The IPHU approach to learning

- Start with the struggle for health
- Teach and learn in partnership

- Knowledge is imbued with purpose
- New ideas must be used
- Activism is an ethical commitment
- Learn new ways of being (as well as new facts and theories)
- Refresh, enquire, research
- Nurture leadership: judgment which inspires confidence; integrity which creates trust and the courage to take risks
- Learn to listen to learn; learn to teach; teach to learn
- Steer our own learning; grow the skills and habits of life long learning
- Build our community of activists
- Stay with the struggle for health

The course will involve: pre-reading; lectures, small group discussions, debates, workshops and follow up study. Resource materials will take the form of hard copy readings, lecture notes and websites.

## **Faculty**

Faculty members will include activist academics and experienced practitioners (from Cuba and from the region and beyond).

#### Language

The course will be taught in Spanish.

#### Fees

	Cubans	Non-Cubans
Tuition	-	USD 30
Accommodation	-	USD 30
(shared facilities)		
and sustenance		
Travel	Borne by	A limited number of travel
	participants	scholarships for travel and in
	and/or their	some cases accommodation
	organisations	will be available

#### Venue

National University of Medicine

#### How to Apply?

- Apply online by filling in the Online Application Form at: http://www.phmovement.org/iphu/en/havana/application
- If you are unable to apply online please download and complete the application form at <a href="http://www.phmovement.org/iphu/en/havana/announce">http://www.phmovement.org/iphu/en/havana/announce</a> and send it to <a href="havana@phmovement.org">havana@phmovement.org</a>
- or contact <a href="mailto:havana@phmovement.org">havana@phmovement.org</a> for an application form by email.

#### Deadlines

Deadline for receiving applications: 4<sup>th</sup> October 2009

- Notification of selection to applicants: 11th October 2009

All applicants will be advised of the outcome of their application.

#### Course sponsors and contacts

- For inquiries please contact the IPHU-Havana Organizing Team at: <a href="mailto:havana@phmovement.org">havana@phmovement.org</a>
- For more about the IPHU-Havana Short Course, go to http://www.phmovement.org/iphu/en/havana/announce

#### The National Medical University of Cuba

About

#### Faculty of Medical Sciences, University of Cuenca, Ecuador

The Faculty of Medical Sciences of the University of Cuenca has been an affiliate and supporter of the IPHU since its inception. The Faculty is supporting the Havana IPHU and will accredit IPHU training for those students requiring such. See <a href="http://rai.ucuenca.edu.ec/facultades/ciencias\_medicas/resena.htm">http://rai.ucuenca.edu.ec/facultades/ciencias\_medicas/resena.htm</a>

#### The People's Health Movement:

The People's Health Movement (PHM) is global movement, which has its roots deep in the grassroots people's movements and owes its genesis to many health networks and activists who have been concerned by the growing inequities in health over the last 25 years. The PHM calls for a revitalisation of the principles of the Alma-Ata Declaration, which promised Health for All by the year 2000 and complete revision of international and domestic policy that has shown to impact negatively on health status and systems. The People's Health Movement is coordinated by a global secretariat and is supported by a steering council. Contact: GlobalSecretariat@Phmovement.Org

(http://www.phmovement.org)

#### International People's Health University

The International People's Health University (IPHU) is one of the major programs of the People's Health Movement (PHM) - Global.

IPHU is a global university providing short courses and other resources for health activists. Courses are of a high academic standard and are documented for academic credit from established universities. IPHU short courses enable younger health activists to make new connections, share experiences and study together. IPHU short courses strengthen the global network of people's health activists. Global Coordinator: David Legge (d.legge@latrobe.edu.au)

(<a href="http://www.phmovement.org/iphu">http://www.phmovement.org/iphu</a>)