

**The Struggle for Health Course- Access to Medicines Stream**  
**IPHU, Savar, Bangladesh**  
**11.11.2018**

# Antimicrobial Resistance

Nafis Faizi

# Why AMR in ATM training?

- Antibiotic~Antimicrobial
- Similarities and Differences with Climate Change agenda.
- Access, R&D and Regulatory issues (OTC, Standard tt Guidelines).
- Lack of Access jeopardizing Access for those who have it?
- Only drug where usage affects the entire ecosystem.
- Access to diagnostics and Health Systems.
- Industry versus Civil Society (diagnostics, drugs, technical guidelines)
- Health Security in the absence of health? (Snakes on a plane)



# Outline

1. Extent of the Problem
2. Causes
3. Analysis & Interventions
4. Causes of the Causes from the health systems
5. Policies & Role of CSOs

## Group Discussions

Group 1. Implications of AMR on SDGs.

Group 2. Reflecting on the Progress on Global Action Plans after two years.

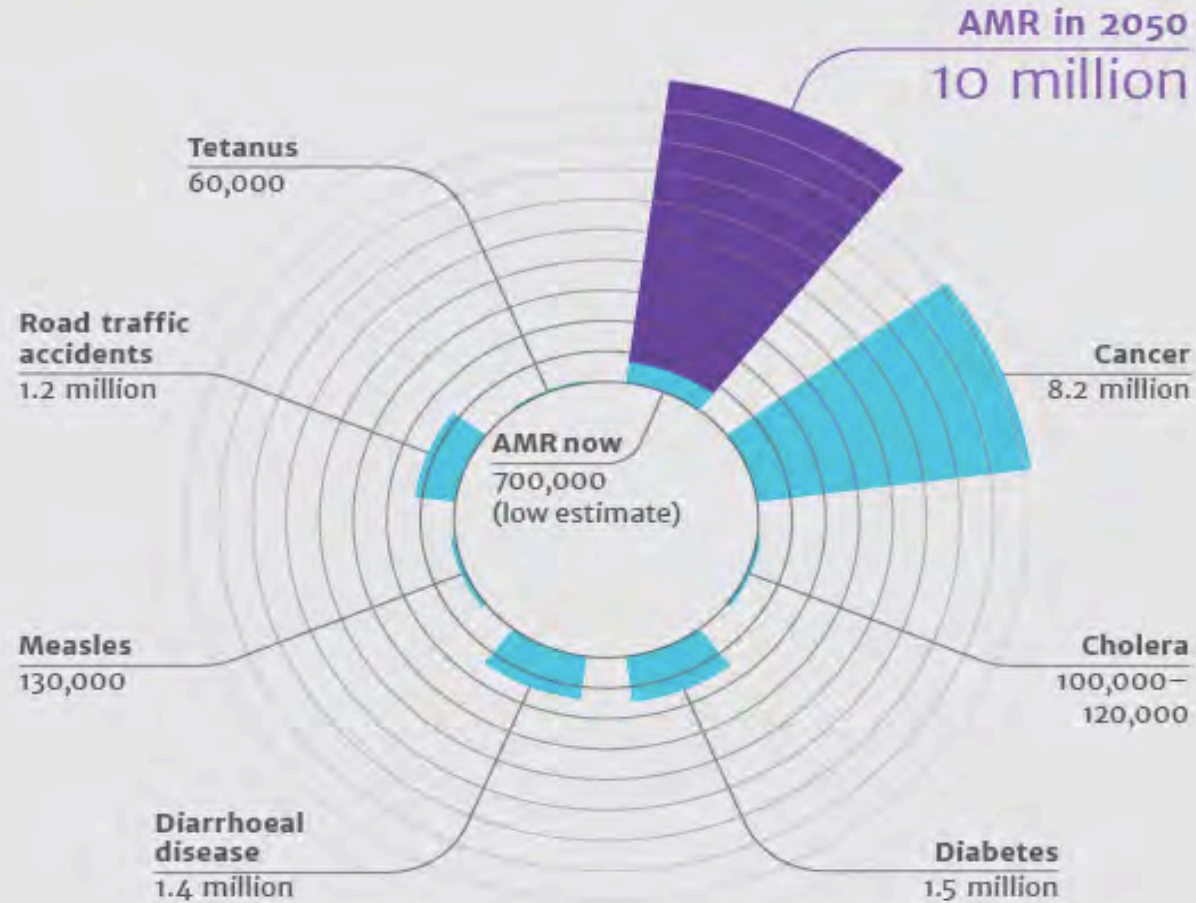
Group 3. Tripartite agency roles in AMR Access and Stewardship.

Group 4. AMR and PHC- Are they connected?

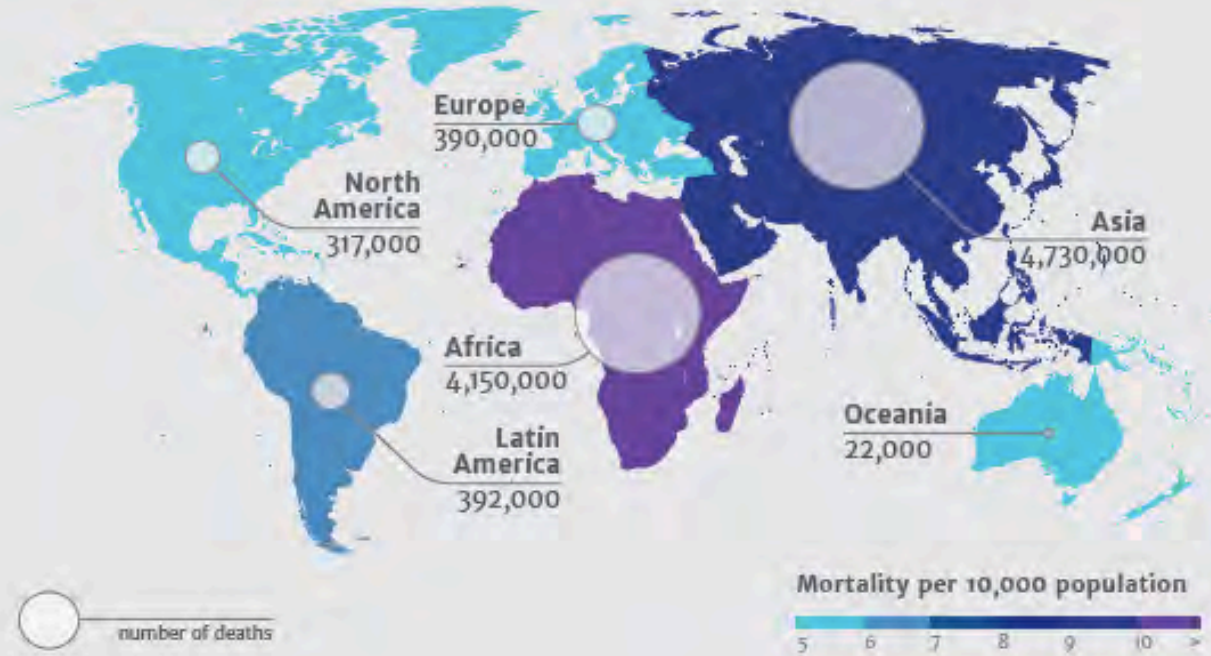
Group 5. The critique of Keenan et al mass prophylaxis and implications on AMR

# 1. Extent of the problem

Deaths attributable to AMR every year compared to other major causes of death



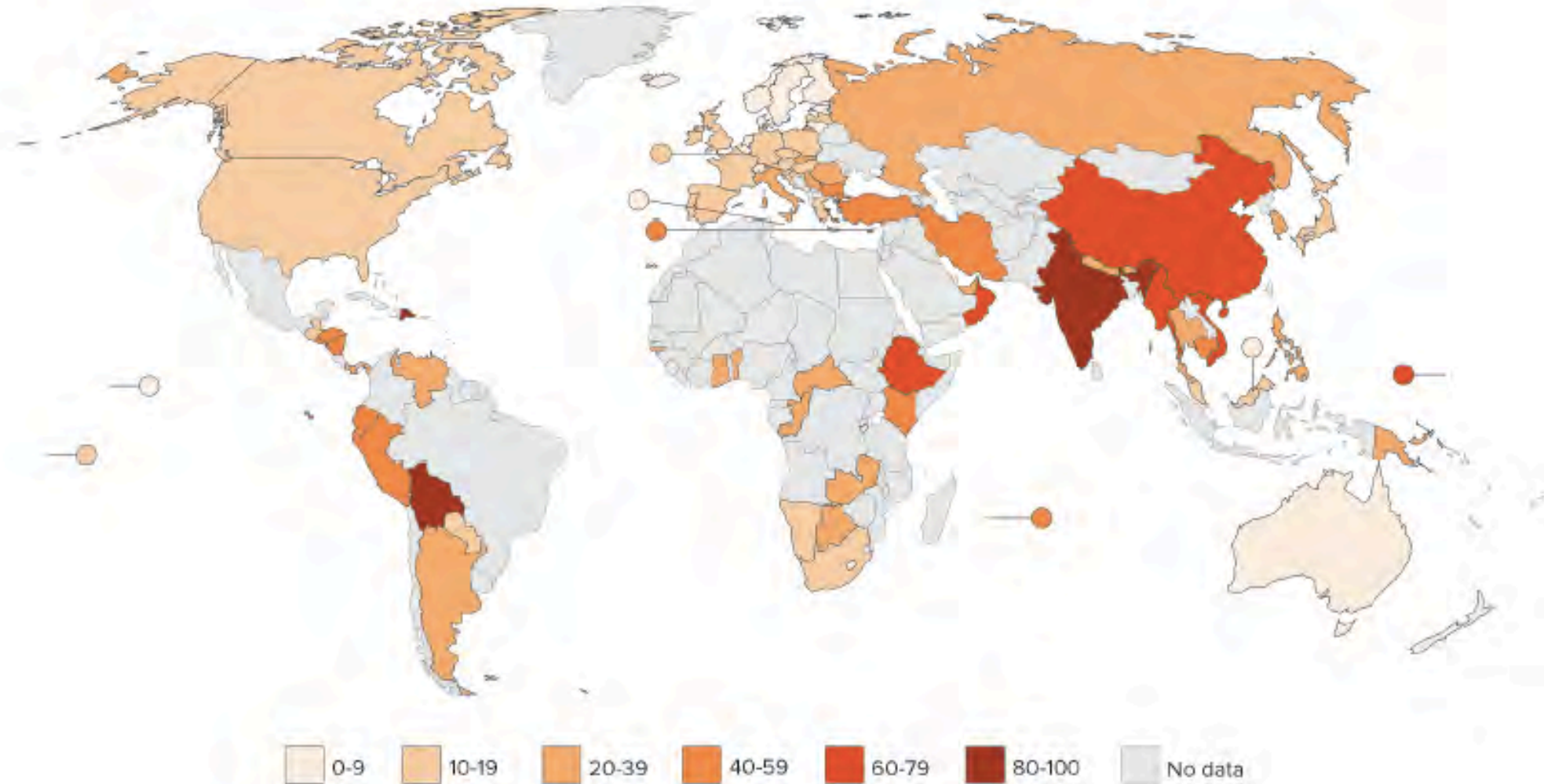
Deaths attributable to AMR every year by 2050



# Extent of the Problem

- 3 agents of greatest concern- *Escherichia coli*, *Klebsiella pneumoniae*, and *Staphylococcus aureus* (WHO, 2014).
- Gram Negative Organisms
- Massive Public Health Concerns- HIV, TB, Malaria.
- MDRs- TB, Malaria, Typhoid; XDR/TDRs- Malaria, TB
- Resistance to last-resort antibiotics leading to hard to treat epidemics, such as- MRSA, ESBL-producing Enterobacteriaceae, CRE, NDM-1, VRE, and gonorrheal infections.

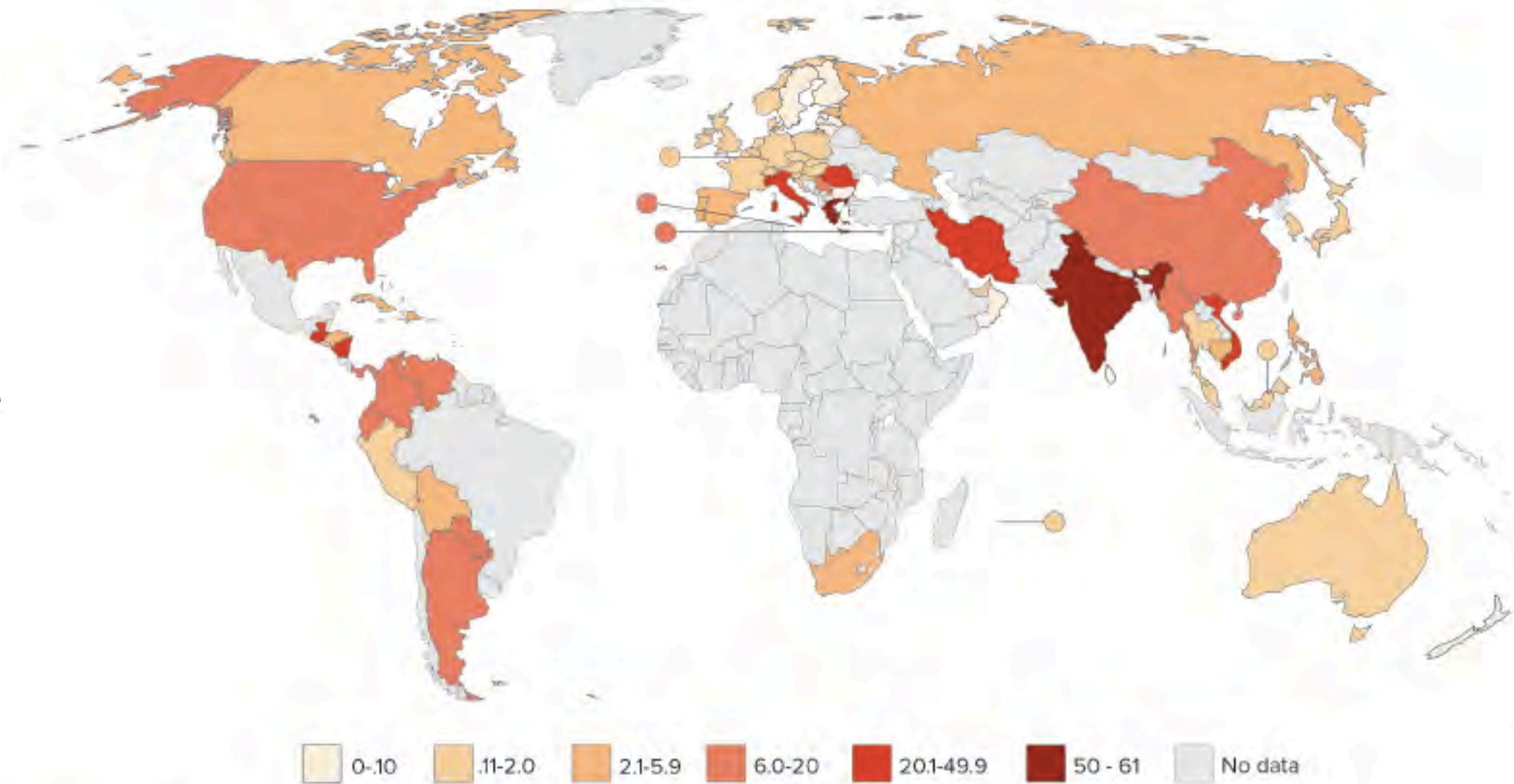
# E Coli



Percentage of extended-spectrum beta-lactamase producing *Escherichia coli*\*, by country (most recent year, 2011–2014)

Source: *The State of the World's Antibiotics 2015*(CDDEP).

# Klebsiella pneumoniae



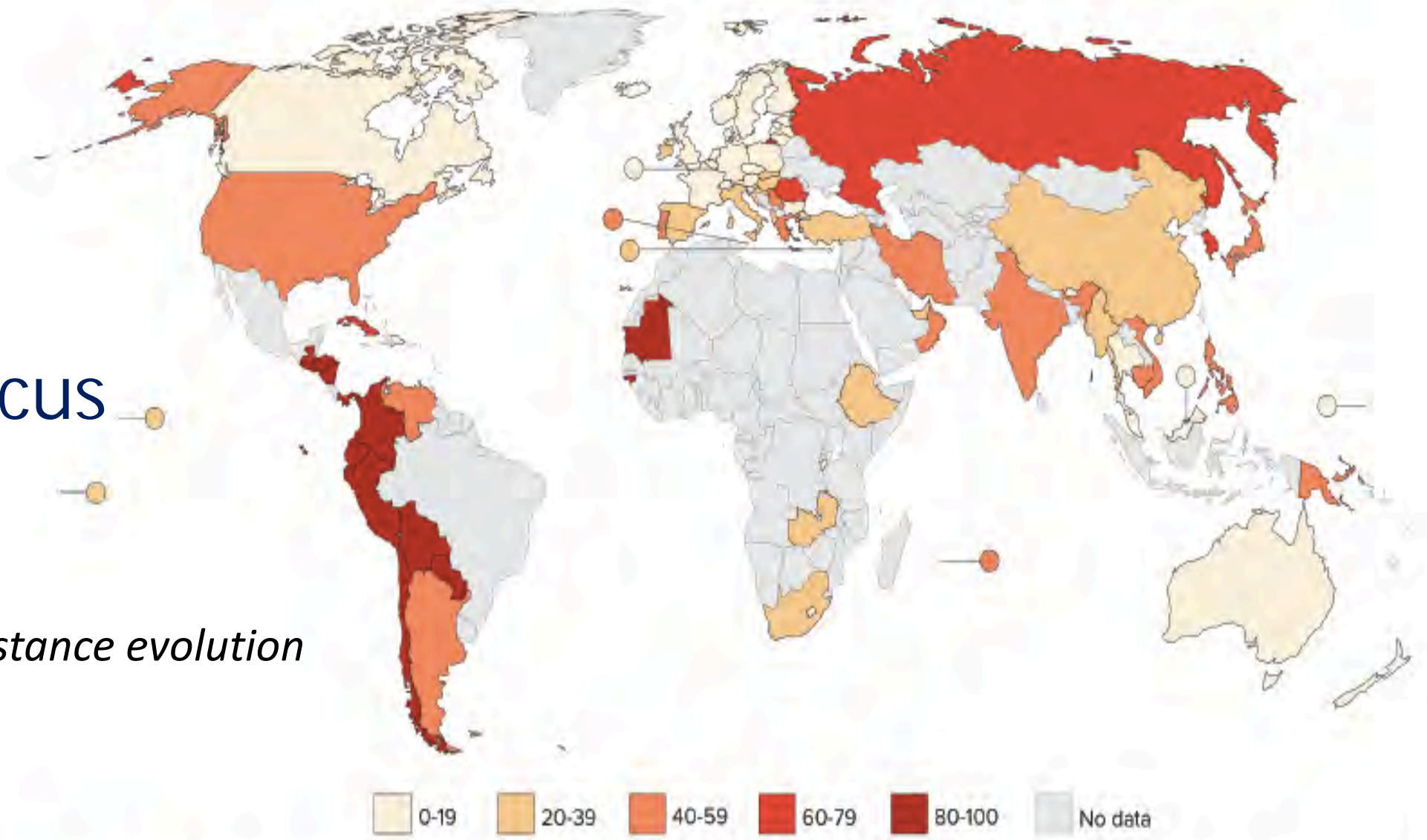
Percentage of carbapenem-resistant *Klebsiella pneumoniae*, by country (most recent year, 2011–2014)

Source: *The State of the World's Antibiotics 2015*(CDDEP).



# Staphylococcus aureus

*Antibiotic driven resistance evolution  
Quinolone-MRSA*

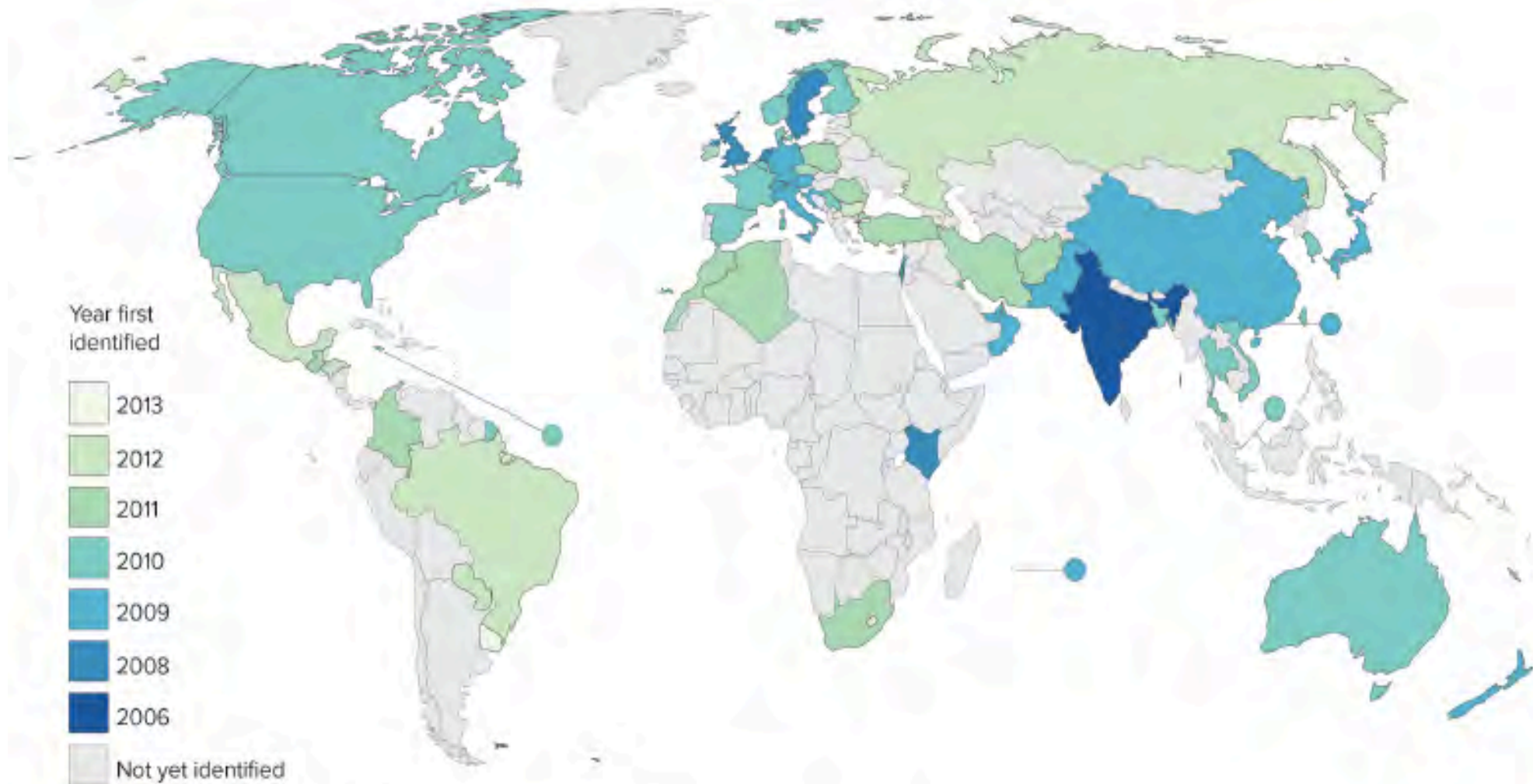


Percentage of *Staphylococcus aureus* isolates that are methicillin resistant (MRSA), by country (most recent year, 2011–14)



Source: *The State of the World's Antibiotics 2015*(CDDEP).

Source:  
Johnson  
and  
Woodford  
2013  
(adapted)



Spread of New Delhi metallo-beta-lactamase-1: first detection

# AMR Burden quantification

Longer illness,  
higher  
mortality

Increasing  
costs

Inability to do  
procedures  
that rely on  
effective  
ab.prevention

# Economic Burden Projections

- **Impact on GDP:** By 2050, annual global GDP would fall by 1.1% in the low-impact AMR scenario and 3.8% in the high-impact AMR scenario.
- **Impact on global poverty:** Of the additional 28.3 million people falling into extreme poverty in 2050 in the high-impact AMR scenario (26.2m from LIC).
- **Impact on healthcare costs:** Global increases in healthcare costs may range from \$300 billion to more than \$1 trillion per year by 2050.

?!#\$!!



*Health for All Now!*  
**People's Health  
Movement**

# 2. Causes

# Antibiotic Resistance – causes and effects

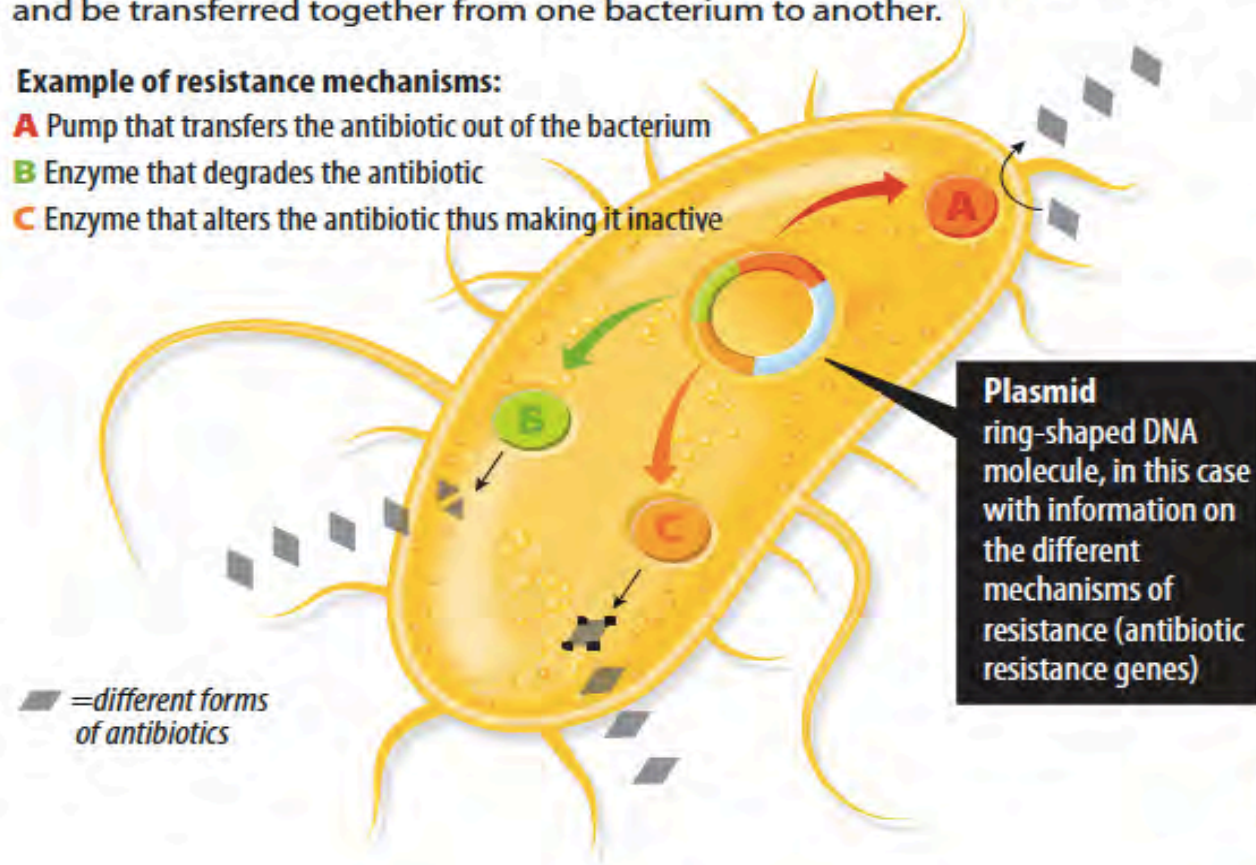
Antibiotics are medicines that attack bacteria in different ways to damage the structures and functions that distinguish bacterial cells from human cells, such as the cell walls of bacteria.

## > Multiresistant bacteria

A bacterium that is resistant to several antibiotics is multidrug resistant. The genes coding for different resistance mechanisms can reside on a plasmid, and be transferred together from one bacterium to another.

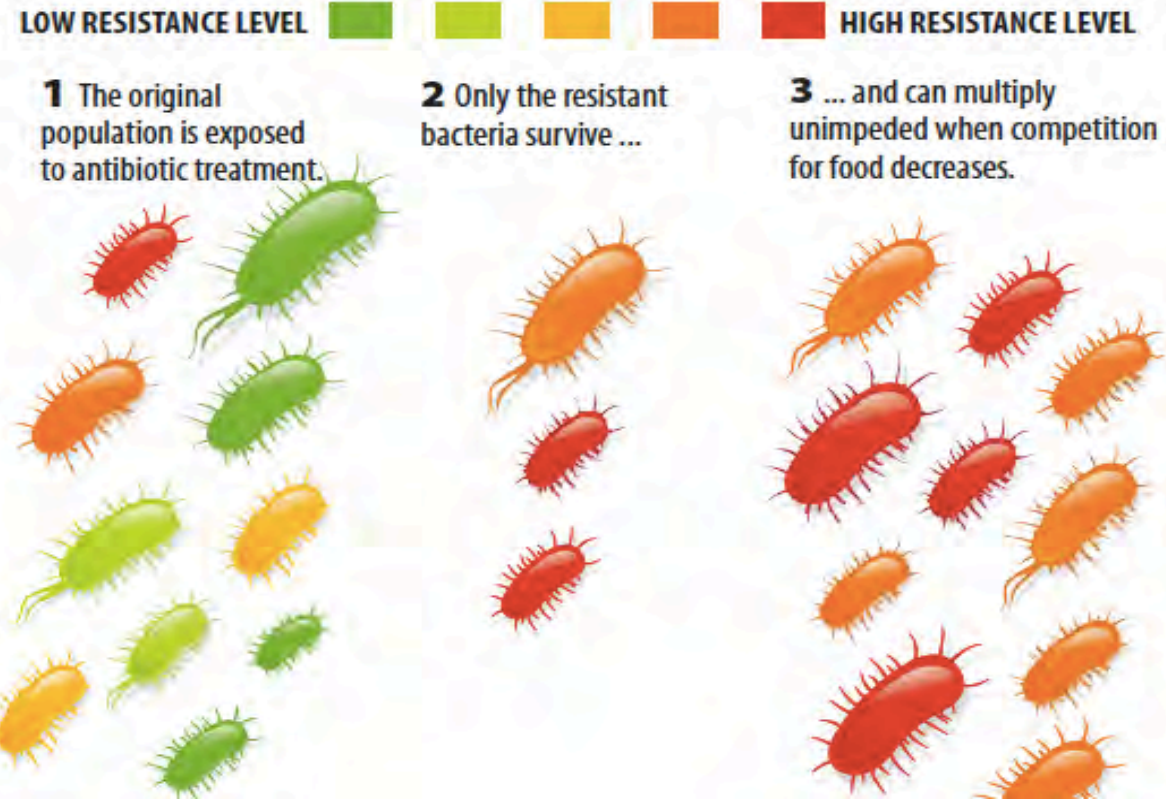
### Example of resistance mechanisms:

- A** Pump that transfers the antibiotic out of the bacterium
- B** Enzyme that degrades the antibiotic
- C** Enzyme that alters the antibiotic thus making it inactive



## > Selection of resistant bacteria

Resistance to antibiotics often occurs gradually in a bacterium through random mutations or through transfer of a piece of DNA from another resistant bacterium.

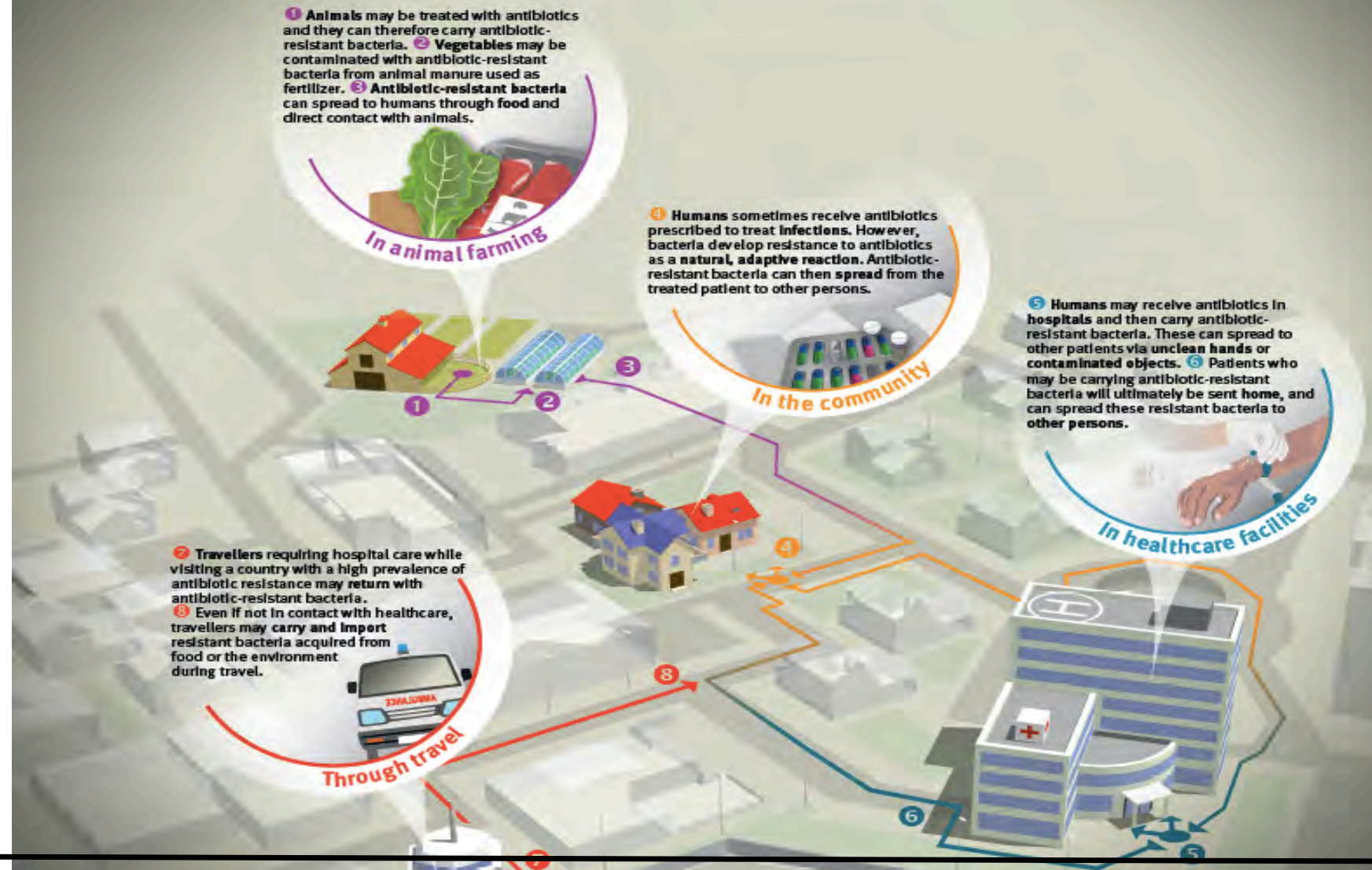


# How does antibiotic resistance spread?

Antibiotic resistance is the ability of bacteria to combat the action of one or more antibiotics. Humans and animals do not become resistant to antibiotic treatments, but bacteria carried by humans and animals can.

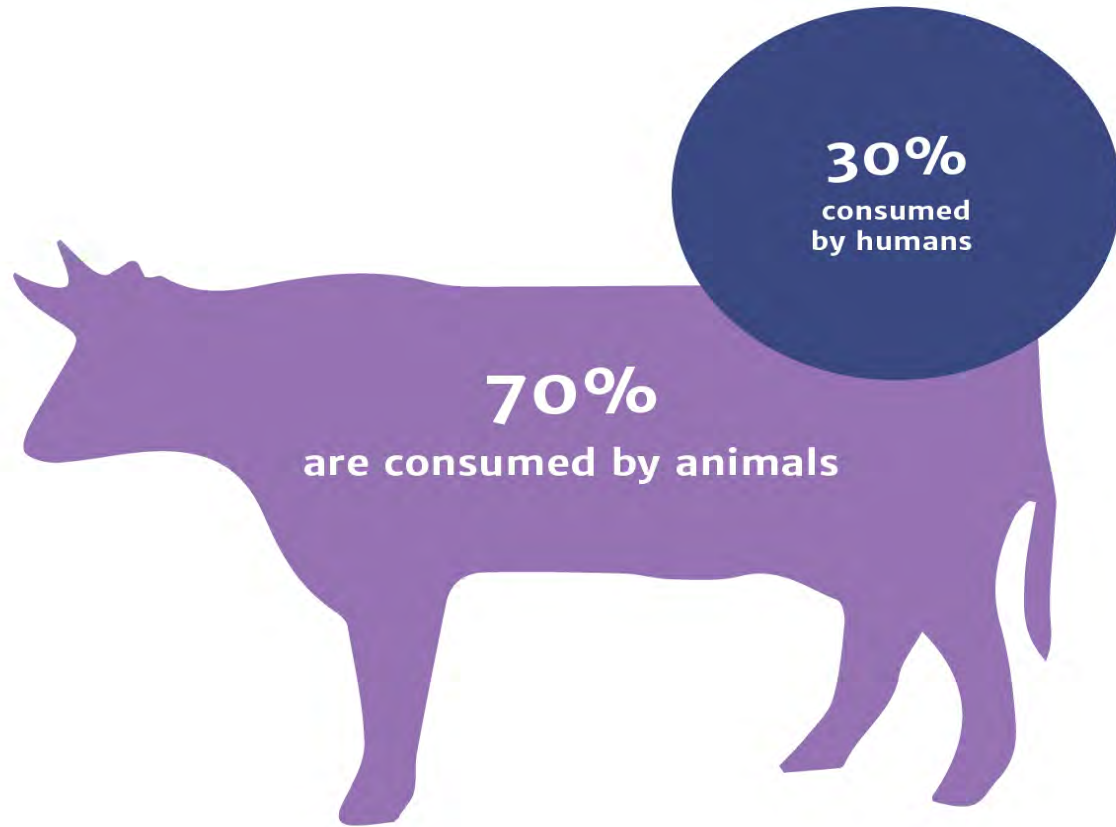


How?

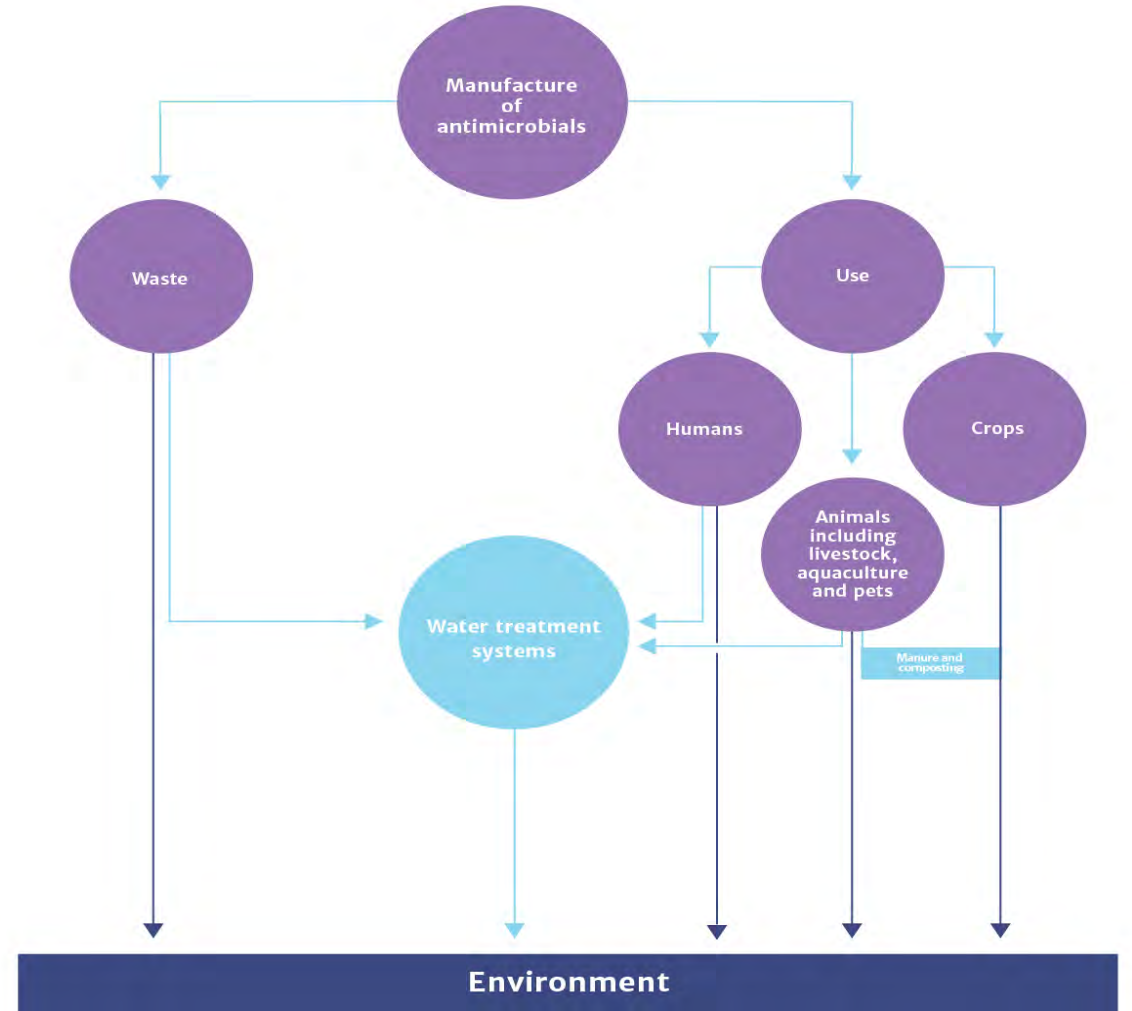




**ANIMALS IN THE USA CONSUME MORE THAN TWICE AS MANY MEDICALLY IMPORTANT ANTIBIOTICS AS HUMANS**

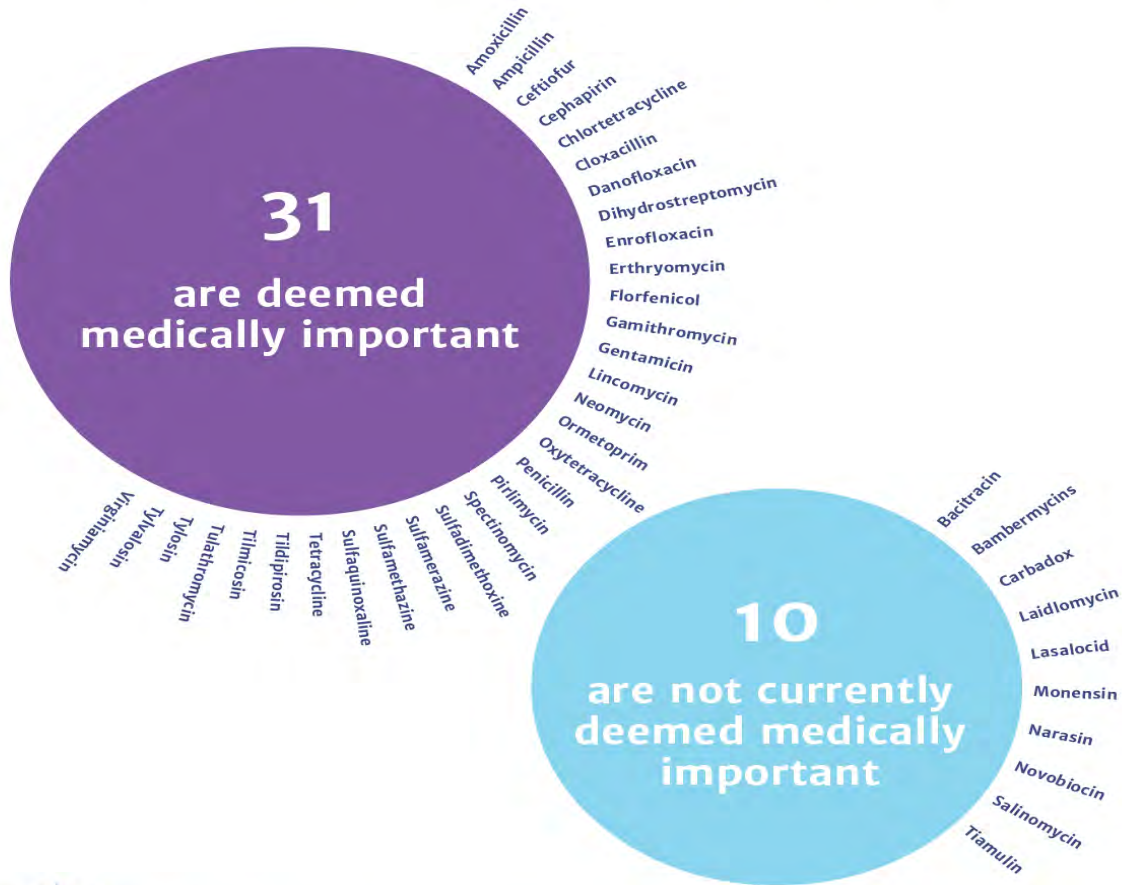


## HOW ANTIMICROBIALS REACH THE ENVIRONMENT

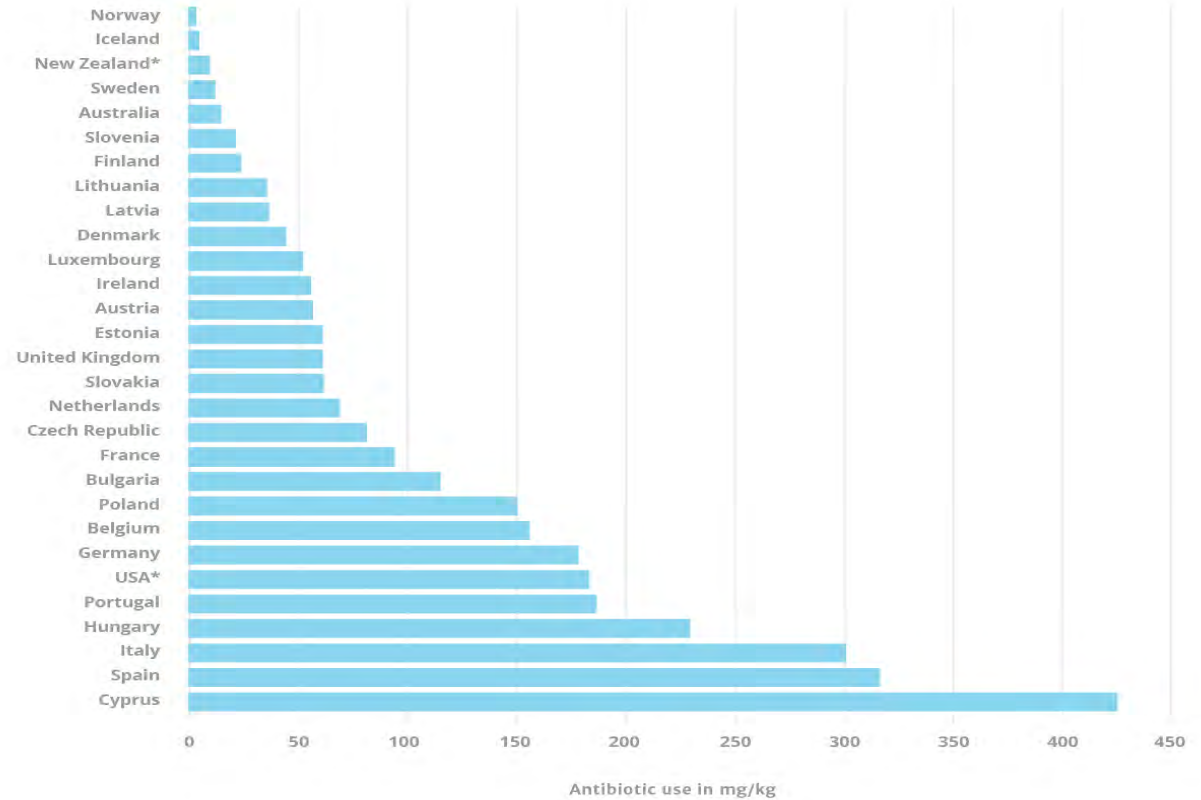


# MOST ANTIBIOTICS USED IN ANIMALS ARE MEDICALLY IMPORTANT FOR HUMANS

Of the 41 antibiotics\* that are approved for used in food producing animals by the FDA, 31 are categorised as being medically important for human use.



# ANTIBIOTICS USE IN AGRICULTURE VARIES GREATLY BY COUNTRY



# HEALTHCARE-ASSOCIATED INFECTIONS ARE A CONCERN IN ALL COUNTRIES

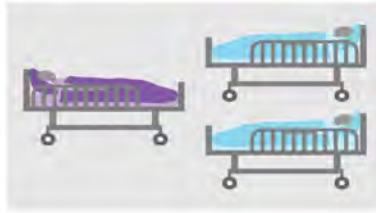


**7 to 10%**

Of every 100 hospitalised patients, 7 in high-income and 10 in low and middle-income countries, will acquire at least one healthcare-associated infection.

**1 in 3**

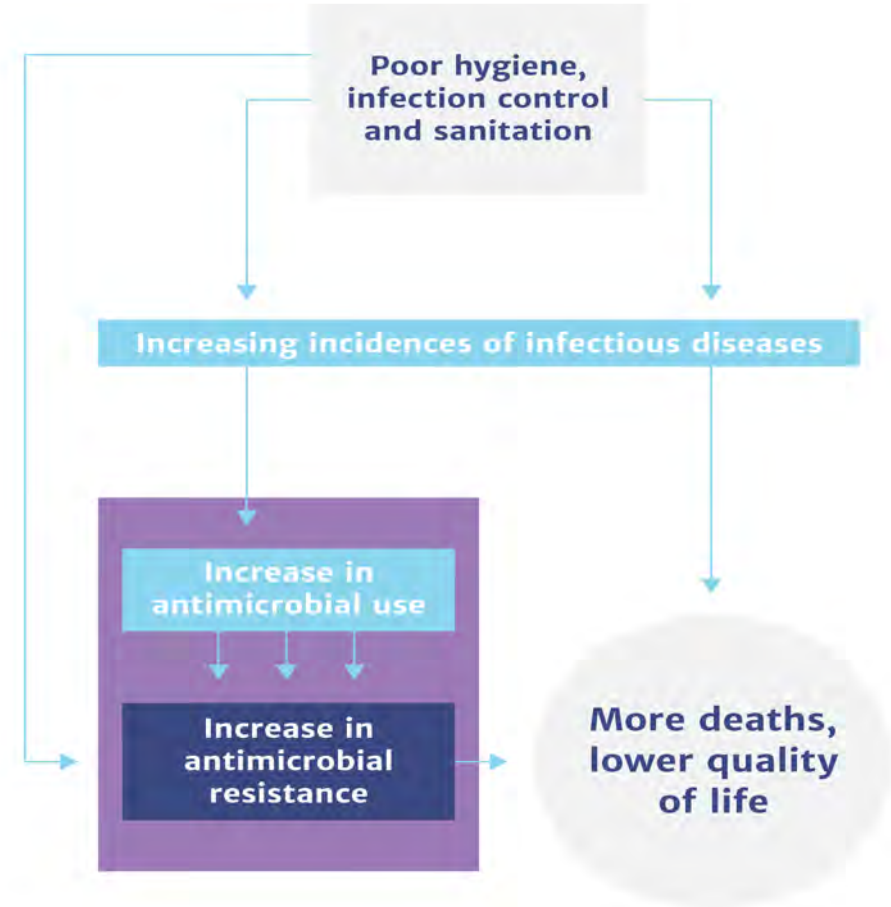
A third of patients in intensive care units (ICUs) in high-income countries are affected by at least 1 healthcare-associated infection.



**1 in 4**

A quarter of healthcare-associated infections in long-term acute care settings are caused by antibiotic-resistant bacteria.

# POOR INFECTION CONTROL CONTRIBUTES TO INCREASED RESISTANCE AND LOSS OF LIFE



# 3. Analysis & Interventions

# LOWERING DEMAND FOR ANTIMICROBIALS AND REDUCING UNNECESSARY USE

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Public  
awareness



Sanitation  
and hygiene



Antibiotics In  
agriculture and  
the environment



Vaccines and  
alternatives



Rapid  
diagnostics



Human  
capital



Health for All Now!  
**People's Health  
Movement**

*Infographic Source: The Review on Antimicrobial Resistance (2016)*

# WASH and IPC

- 494 million cases of diarrhoea are treated with antibiotics each year in Brazil, Indonesia, India and Nigeria alone.
- Universal access to improved water and sanitation in these four countries could cut this number by 60%. (O'Neill's Review)
- WASH could decrease diarrhoea, typhoid, campylobacter and many other diseases.
- IPC breaks the chain of transmission.

# Use in Animals & Agriculture

Treatment

Metaphylaxis

Prophylaxis

Growth promotion

- Economically not as beneficial as it was previously thought to be.
- Far worse in aquaculture, residues remaining for an extended period of time, and in water.
- Type of farms. Intensive more.
- World food production's heavy reliance on fungicide is too difficult to eliminate. O'Neill's report suggest that new classes of clinical antifungals (developed in the future) should be banned from use in food production.

# Access to Diagnostics

- Diagnostics in the USA guide 60–70% of health decisions, but accounts for only 2% of health expenditures, LMICs are even lower (Lewin Group reports).
- **Caution.**
- A clinical algorithm now allows community health workers to make a presumptive diagnosis of acute lower respiratory infection, but had a better diagnostic been available, unnecessary treatments might have been avoided. (Lim, Nature, 2006)
- Distrust in the quality of diagnostics, the paucity of timely results from diagnostic tests, and the fear of poor outcomes, can prompt clinicians to set aside diagnostic test findings. (Anthony So, Lancet 2013).
- Improved diagnosis—part technology, part syndromic management— can reduce uncertainty about whether to treat with antibiotics or not. (Anthony So, Lancet 2013).



# Crucial issues intersecting with access to medicines

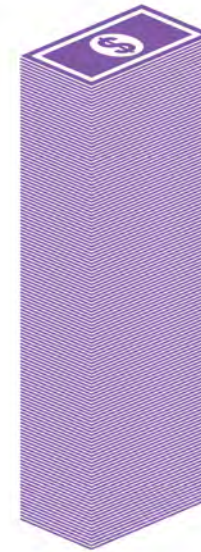
# Crucial issues intersecting with access to medicines

1. Best possible example of the failure of current R&D mechanism, advocating delinkage and increased public funding in R&D.

# Is pharma supporting the public health responsibly through their R&D?

## ANTIMICROBIAL R&D IS NOT ATTRACTIVE TO VENTURE CAPITALISTS

**Less than 5%**  
of venture capital investment in pharmaceutical R&D between 2003 and 2013 was for antimicrobial development.



Total venture capital investment

**\$38bn**



Antimicrobial venture capital investment

**\$1.8bn**

In 1990, 18 pharmaceutical corporations had active programs to address antimicrobial resistance. By 2010, only four remained.

Last year.

# No new antibiotic class since 1987. Why?

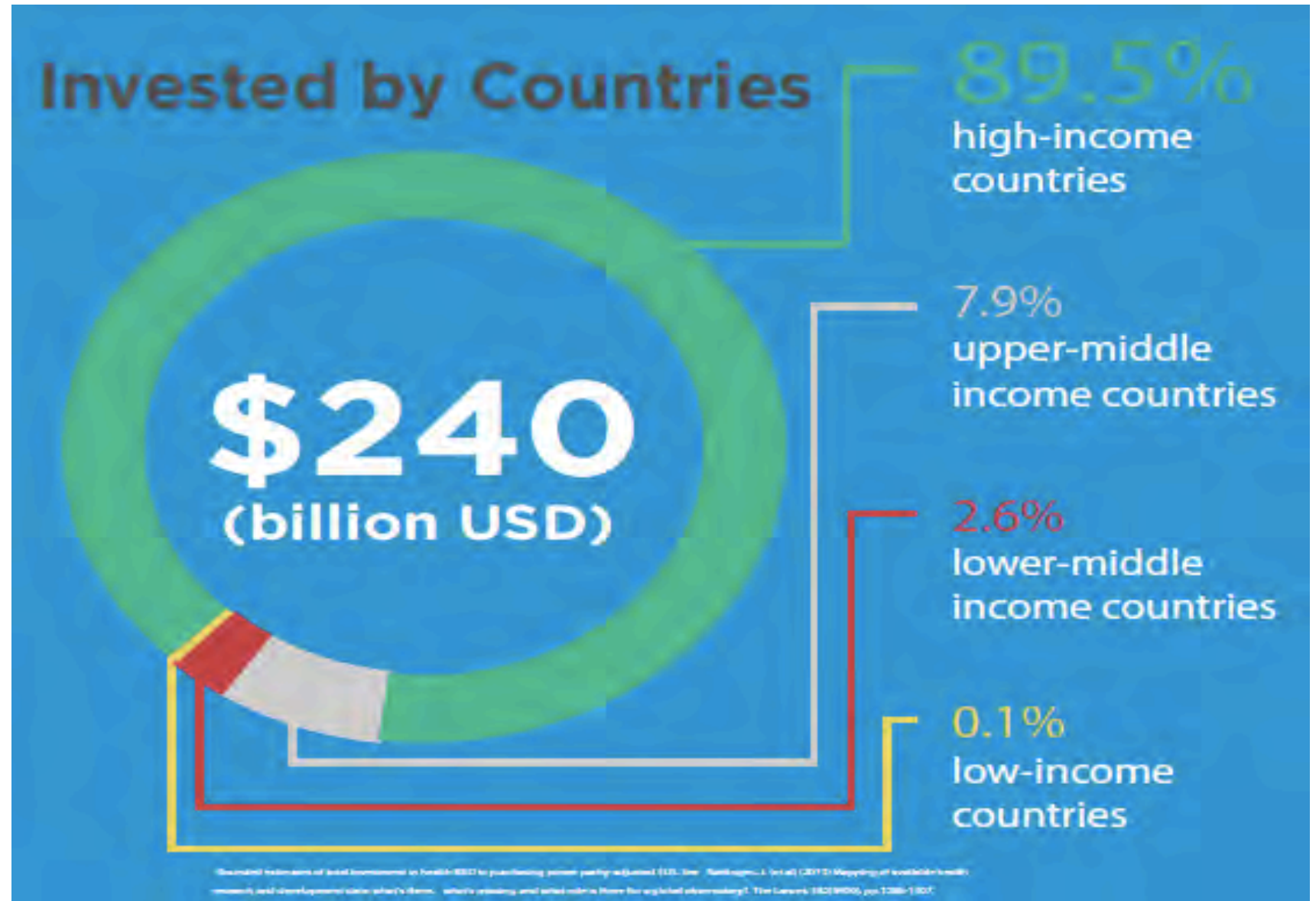
- 61 new ab FDA approvals during 1990-2009, most (26) withdrawn d/t unclear reasons. (6 d/t safety concerns).
- The withdrawals are the highest among all the classes of drugs put together.
- Market approval & withdrawals- Clinical + commercial success amidst externalities.
- **Antimicrobial R&D clearly points towards the failure in current R&D system.**
- Granting patent monopolies to pharmaceutical companies as the main way to incentivise innovation has led to this state; where 60% funding for profitable disease R&D is private, whereas for HIV,TB,Malaria and others-  $>2/3^{\text{rd}}$  funding is public and only 10% private! (UNHLP)



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Source: Outterson K et al. Approval and Withdrawal of New Antibiotics and Other Antiinfectives in the U.S., 1980-2009. Journal of Law, Medicine & Ethics Fall 2013, pp. 688-696.

Public funding in R&D needs a boost to decrease dependence



# Crucial issues intersecting with access to medicines

1. Best possible example of the failure of current R&D mechanism, advocating delinkage and increased public funding in R&D.
2. The regulation politics, evidence and finger pointing.

# Regulations (Prescriptions, guidelines, OTC only)

- **Quick guideline implementations.** Though warnings of resistance to co-trimoxazole in *Streptococcus pneumoniae* came early, it took many years for the recommendations to change (to amoxicillin) and even longer to implement the recommendations. (*Okeke et al. Lancet 2005, Feikin et al. J Infectious Dis 2000, Daulare et al J Law Med Ethics 2015* )
- SAM Antibiotics controversy (Amoxycillin)- Malawi study versus Niger-MSF study. Urgent research needed.
- Inequity Lens: Pathologization of ‘self medication’ in poor health systems (Das & Das, 2006).

Prescription only access to antibiotics could exacerbate health inequalities in LMICs

August 23, 2018

*One standardised solution to antimicrobial resistance will not be appropriate across all settings, say Mishal S Khan and colleagues*

Cambodia (BMJ blogs)

# Crucial issues intersecting with access to medicines

1. Best possible example of the failure of current R&D mechanism, advocating delinkage and increased public funding in R&D.
2. The regulation politics, evidence and finger pointing.
3. Access and Rationality



# Rational Use & Access

“how to ensure that when [patients] need drug therapy the **appropriate drug** is prescribed for them, it is **effective** and of acceptable **quality and safety**, it is **available** at the **right time** at a price they can **afford**, it is **dispensed correctly** and it is taken in the **right dose** at the right intervals and for the right length of time”.(WHO 1987)

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## Therapeutic access

refers to the bottlenecks—scientific & financial—in bringing new antibiotics to market.

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## Structural access

addresses the obstacles to delivering antibiotics effectively in the system and using them rationally at the clinical level in-country.

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## Financial access

characterizes the difficulty in affording a rational course of antibiotic treatment.

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# Do qualified practitioners necessarily prescribe more rationally?

- Guideline based systems (NICE) versus mixed systems [Type 1 and Type 2 errors- (Social Policy, EPW)]
- Medical curriculum and source of continuous drug information

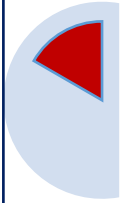
## **Presumptive & Overuse reasons-**

1. Pressure to Prescribe,
2. information asymmetry at the user, prescriber, or provider levels
3. diagnostic uncertainty & access
4. the many financial incentives for overprescription (China Hospitals)

# Crucial issues intersecting with access to medicines

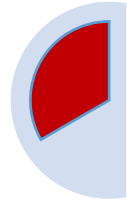
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3. Access and Rationality
4. Access, but not Excess

# Access- Excess



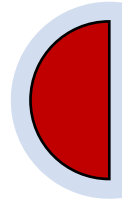
Pneumonia

<1/3<sup>rd</sup>  
under 5s  
receive ab  
(eg amox) in  
LMICs  
(UNICEF,  
2012)



Inequality

Extremely  
pronounced  
gap  
between  
richest &  
poorest  
quintiles  
(Johannsen  
et al, 2012)



Pneumonia+Sepsis

> 1 million  
children  
every year  
die due to  
such  
untreated  
infections.  
(Lancet  
2016).

Diarrhoea &  
Cold & Cough



# Penicillin case & resistance



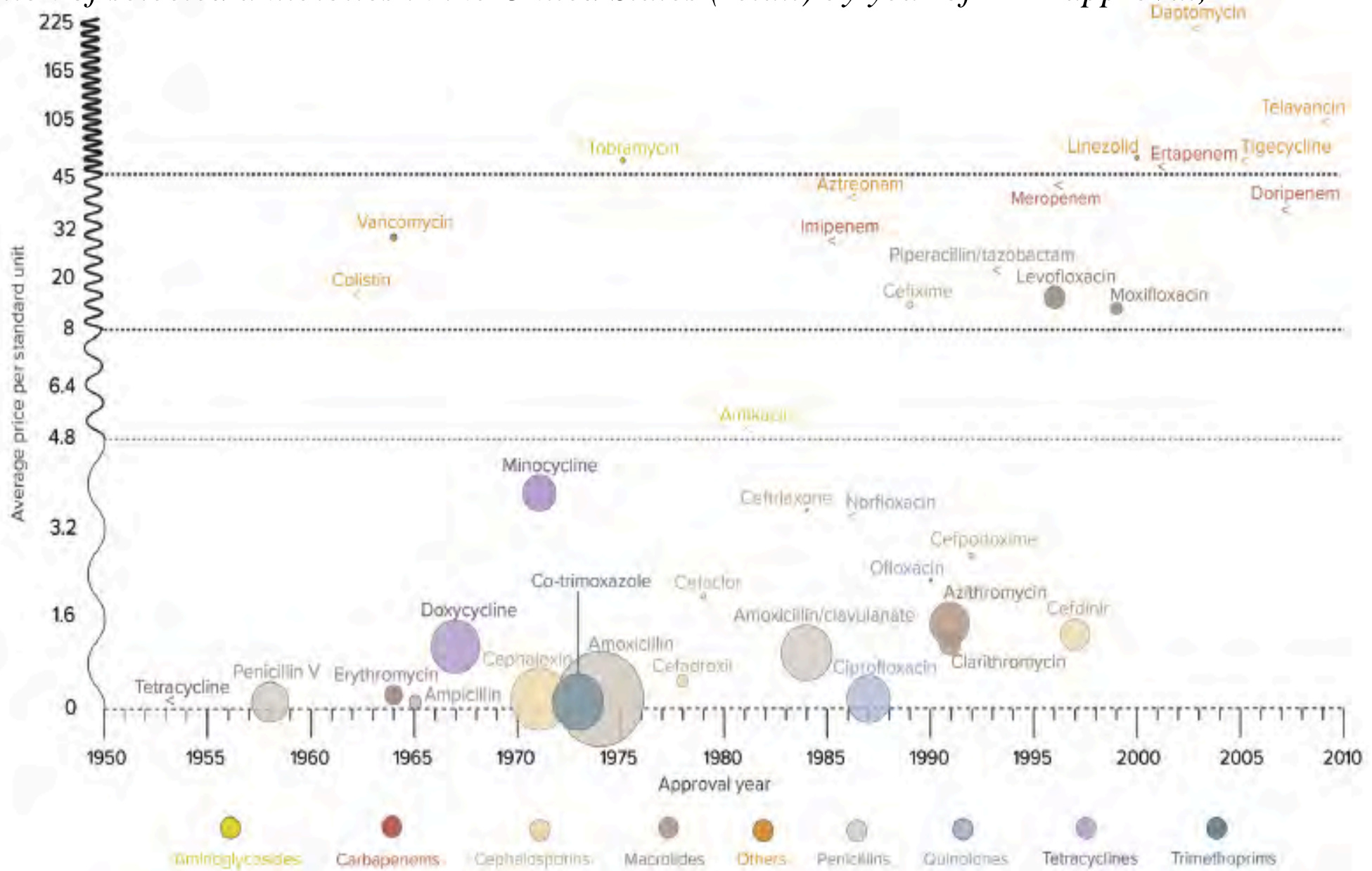
An ongoing penicillin shortage is currently affecting at least 39 countries, now including Brazil, Germany, the Netherlands, the US and India.

Neisseria Gonorrhoea is WHO high priority pathogen for R&D of new antibiotics

Penicillin is the only drug to prevent mother to child syphilis.

*Prices and consumption of selected antibiotics in the United States (retail) by year of FDA approval, 2010*

Every new generation is exponentially more expensive than its predecessors.



Source: Laxminarayan 2014 (based on IMS MIDAS) and U.S. FDA 2015



# aWaRe

## Access

- 1<sup>st</sup>/2<sup>nd</sup> choice for reviewed indications
- Should be available, affordable & quality assured

## Watch

- ↑resistance potential
- 1<sup>st</sup>/2<sup>nd</sup> choice for specific indications

## Reserve

- Last resort
- For highly specific, when all alternatives have failed.

- WHO Essential List, 2017's big change focusing on stewardship.
- Implementational challenge in poor/complex health systems.
- Medical curriculum
- Penicillin?

# Crucial issues intersecting with access to medicines

1. Best possible example of the failure of current R&D mechanism, advocating delinkage and increased public funding in R&D.
2. The regulation politics, evidence and finger pointing.
3. Access and Rationality
4. Access but not Excess
5. Substandard



# Substandard

- 7% antibiotics worldwide are falsified/substandard (WHO). Most commonly reported classes of medicines: antimalarials and antibiotics.
- Projection for childhood pneumonia: 72 430 deaths can be attributed to the use of medical products with reduced antibiotic activity. If they have no activity at all, the estimated death toll rises to 169 271.
- Area of concern to counter Industry's IP and monopoly agenda.
- MIC

# Crucial issues intersecting with access to medicines

1. Best possible example of the failure of current R&D mechanism, advocating delinkage and increased public funding in R&D.
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4. Access but not Excess
5. Substandard
6. **FDC- rationality & irrationality**

# FDCs

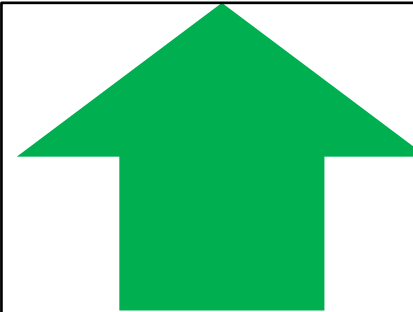
## AMR Crisis: Overuse, Misuse and Irrational Use of the FDCs Must Stop

Unscientific and hazardous fixed drug antimicrobial combinations used in India contribute to antimicrobial resistance.

Dr. Nafis Faizi, [Hazique Jameel](#) 22 Aug 2018

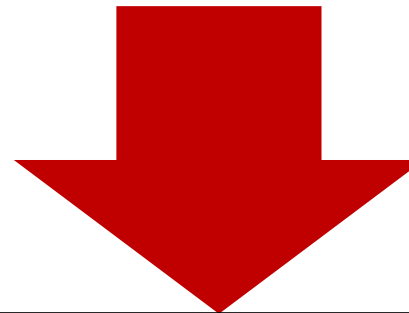


- 64% of antibiotics (75 of the 118 antibiotic fixed-dose combination (FDC) in India were completely irrational!
- Campaigns by PHM and civil society organizations instrumental in getting the ban.



-TB, HIV, ACT

-Potential combinations with different mechanisms of action



-Norfloxacin-Tinidazole

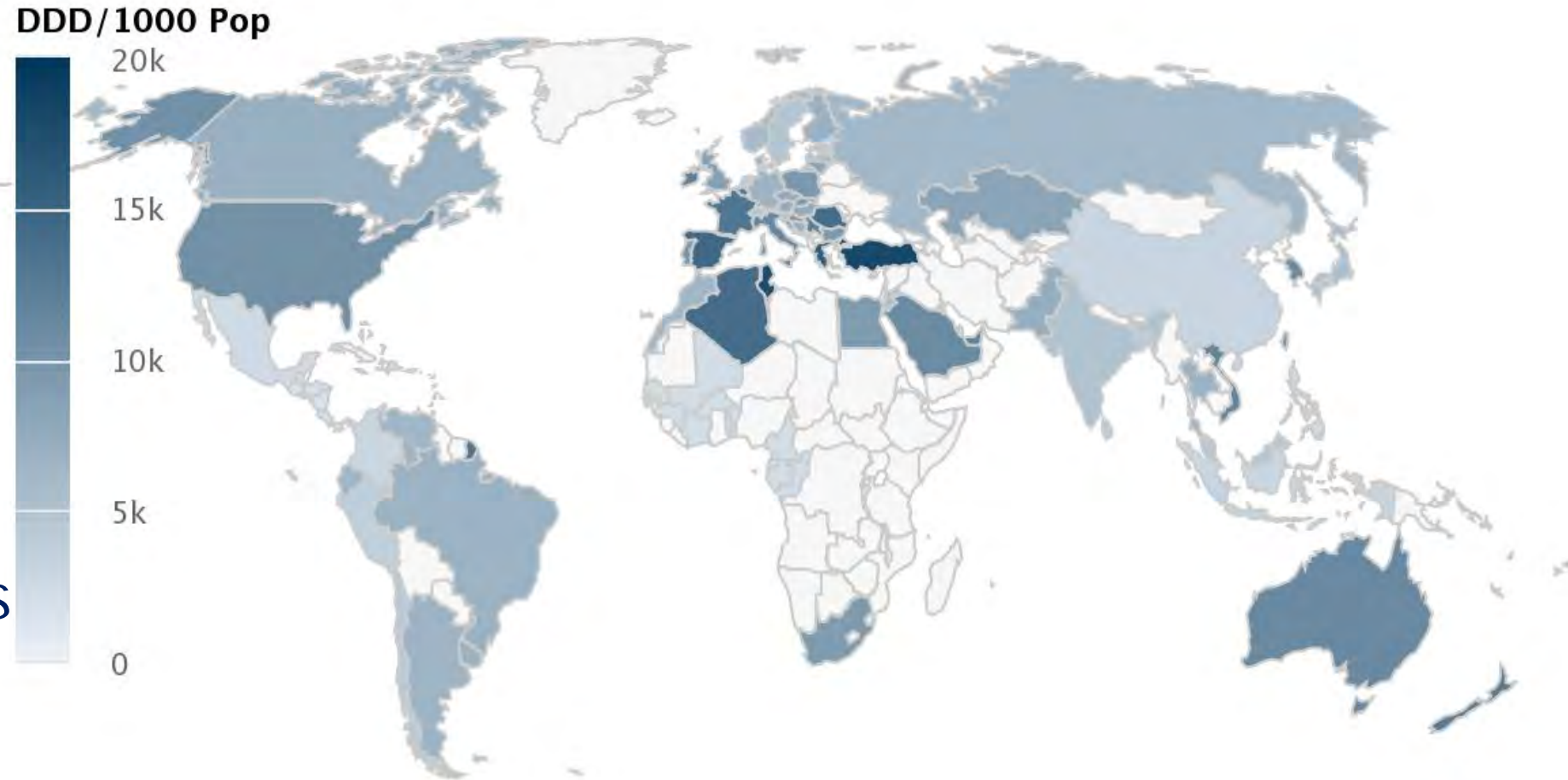
-Amoxicillin-Cloxacillin etc.

# 4. Causes of the Causes from the health systems

The resistance is higher in countries with lower consumptions

## Use of All Antibiotics in 2015

Source: IMS Health



Why?

Reflecting on Causes of the Causes

# Upstream factors driving AMR: forgotten in AMR strategies

## Anthropological and socioeconomic factors contributing to global antimicrobial resistance: a univariate and multivariable analysis

Peter Collignon, John J Beggs, Timothy R Walsh, Sumanth Gandra, Ramanan Laxminarayan

### Summary

**Background** Understanding of the factors driving global antimicrobial resistance is limited. We analysed antimicrobial resistance and antibiotic consumption worldwide versus many potential contributing factors.

Lancet Planet Health 2018;  
2: e398-405



- Public Health Expenditure (GDP/capita)
- Regulation of Private sector
- Lower Private health Spending
- Indicative of better sanitation, access to clean water, and access to refrigeration.

- In Europe, Antibiotic Consumption is the driver.
- But, the increase in education/GDP/person increases AMR.

# 5. Policies & Role of CSOs



# Policies

In May 2015, the 68<sup>th</sup> World Health Assembly adopted the **Global Action Plan** on AMR.

## “One Health”

*Recognizing that the main impact of antimicrobial resistance is on human health, but that both the contributing factors and the consequences, including economic and others, go beyond health, and that there is a need for a coherent, comprehensive and integrated approach at global, regional and national levels, in a “One Health” approach and beyond, involving different actors and sectors such as human and veterinary medicine, agriculture, finance, environment and consumers.*



# Policies

- A landmark development at global level is the adoption on 21 September 2016 of a **Political Declaration on AMR** by the heads of states and governments at a high level event on AMR. It was subsequently formally adopted by the General Assembly.
- the Declaration recognised the importance of **delinking the cost of investment in R&D** from the price and volume of sales so as to facilitate equitable and affordable access to new medicines, diagnostic tools and vaccines.
- In 2017, the **Interagency Coordination Group (IACG)** was established by the UNSG to follow up on the Declaration, with 6 subgroups.
- The report of the IACG will be submitted to the UNSG who will present his own report to the UN General Assembly in 2019.

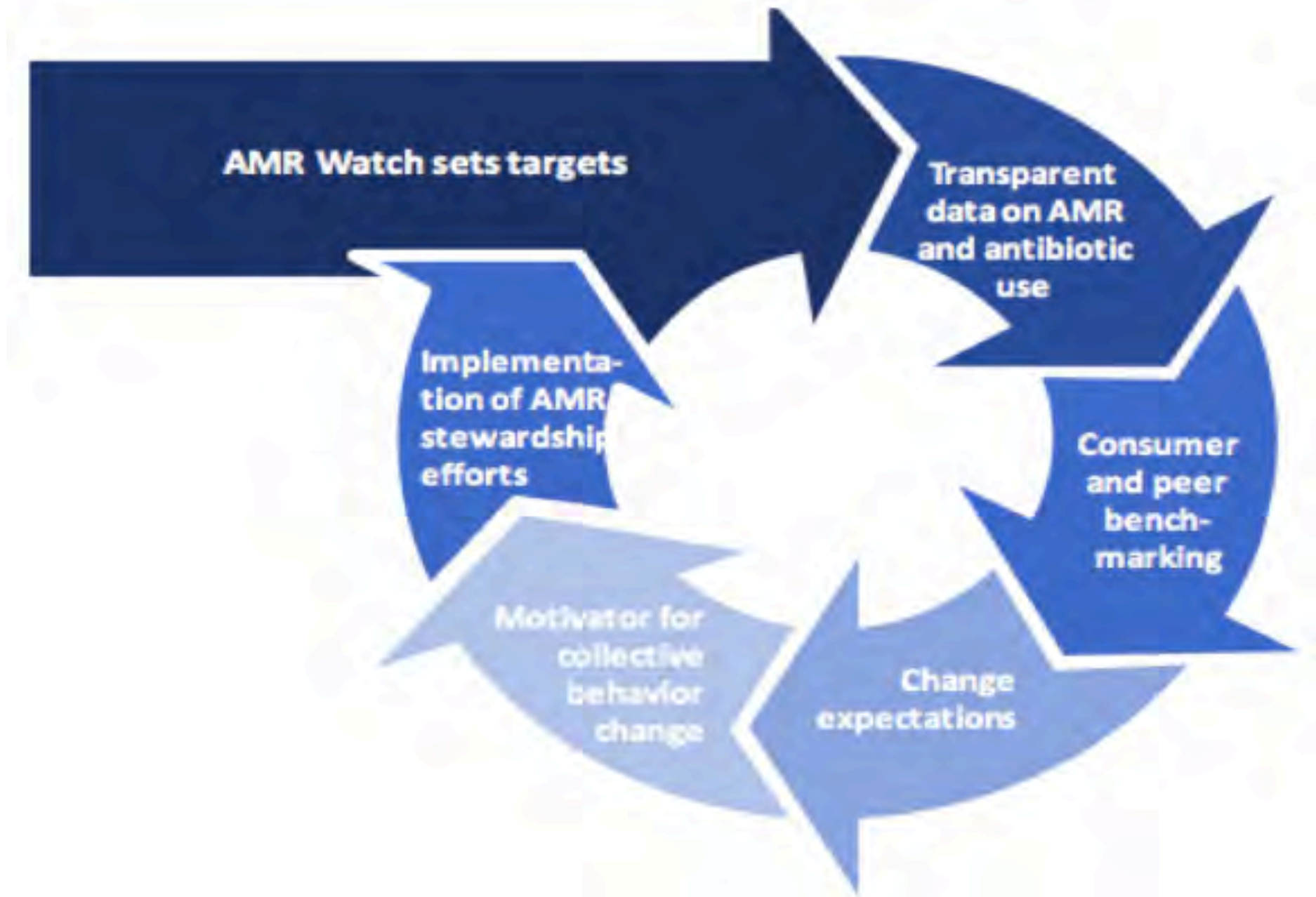
# Declaration on Antibiotic Resistance

## Antibiotic Resistance Coalition

Original signatories: Alliance to Save Our Antibiotics • Centre for Science and Environment • Center for Science in the Public Interest • Consumers International • Duke University's Program on Global Health and Technology Access • Food Animal Concerns Trust • IFARMA Foundation • Initiative for Health & Equity in Society • Institute for Agriculture and Trade Policy • Health Action International • Health Care Without Harm • Healthy Food Action • Keep Antibiotics Working • Peoples Health Movement • Public Citizen • ReAct – Action on Antibiotic Resistance • South Centre • Sustainable Food Trust • Third World Network • Universities Allied for Essential Medicines • What Next Forum • 22 May 2014 • For signing onto the declaration contact [signon@arcdeclaration.org](mailto:signon@arcdeclaration.org) •



# AMR Watch



# Role of CSOs

- The AMR agenda has been co-opted by the pharmaceutical industry in the name of selling non-essential antibiotics and squandering new money on drug development.
- AMR-Industry Alliance.
- Not enough CS Activism
- Unbalanced innovation: Drug development agenda has undermined investments in other areas of innovation – including health systems delivery, food production or development of other medical tools for humans and animals (diagnostics and vaccines).

# An example of AMR Watch in action



# Group Discussions

- Group 1. Implications of AMR on SDGs.
- Group 2. Reflecting on the Progress on Global Action Plans after two years.
- Group 3. Tripartite agency roles in AMR Access and Stewardship.
- Group 4. AMR and PHC- How are they connected?
- Group 5. The critique of Keenan et al mass prophylaxis and implications on AMR

## 2. Global Action Plan on AMR

5 strategic objectives are:

- **Objective 1:** Improve **awareness and understanding** of antimicrobial resistance through effective communication, education and training.
- **Objective 2:** Strengthen the knowledge and evidence base through **surveillance and research**.
- **Objective 3:** Reduce the incidence of infection through effective **sanitation, hygiene and infection prevention measures**.
- **Objective 4:** **Optimize** the use of antimicrobial medicines in human and animal health.
- **Objective 5:** Develop the **economic case** for sustainable investment that takes account of the needs of all countries, and increase investment in new medicines, diagnostic tools, vaccines and other interventions.



# 5. Rational versus Irrational prophylaxis

- **Keenan et al 2018** → Mass Azithromycin use to decrease child mortality!
- **Landlier et al., 2018** → targeted mass antimalarial administration reduced malaria incidence in hotspot areas
- **Schwartz et al. , 2015** → BMI gain and obesity predisposition were associated with a history of antibiotic use in children
- **Trehan et al, 2013**- Routine Antibiotics to ‘uncomplicated SAM’ with RUTF on an outpatient basis.
- **Rea et al. 2016** → Antibiotic disruptions to microbiota in early life (a period of dynamic microbiota-host interactions) can alter gut-brain signalling, affect lifelong health and increase the risk of neurodevelopmental disorders.



Thank You

## *Hope from the antibiotic pipeline*



By 2023, GARDP aims to register a new drug for gonorrhoea in a number of high burden Countries. Zoliflodacin is in phase III

### *The antibiotic pipeline*

As of December 2014, at least 37 new antibiotics, developed by 32 mainly small companies, were in the development pipeline for approval in the United States. Eight of these were in Phase 3 (the final stage, involving large-scale clinical trials), and for one, a new drug application had been submitted to FDA for approval (Pew Charitable Trusts 2014). At least two of the drugs in the early phase of development use novel mechanisms to attack bacteria by circumventing bacterial resistance to available antibiotics. Of the drugs, 22 are potentially effective against Gram-negative pathogens (Table 4-3).

In 2015, teixobactin, an antibiotic belonging to a new class, was discovered through the novel growth of uncultured organisms in a laboratory at Northeastern University. Preliminary tests did not reveal any resistance to the compound by *Staphylococcus aureus* or *Mycobacterium tuberculosis*. Teixobactin may prove to be the first antibiotic with the potential to avoid or delay the development of resistance (Ling et al. 2015).

The deficit of greatest concern is a lack of new drugs in the pipeline to treat Gram-negative infections, particularly

